

# **Cultural Competence and Cultural Safety: A Knowledge Translation Symposium**

*Courtyard by Marriott Downtown Toronto Hotel*

Monday, March 19<sup>th</sup>, 2012 and

Tuesday, March 20<sup>th</sup>, 2012





Welcome  
Bienvenue



***Special thanks to the Aboriginal Health  
Human Resource Initiative, First Nations and  
Inuit Health Branch for funding this project,***

***and***



# **Learning from Previous Initiatives of Cultural Competence and Cultural Safety**

Sylvia Barton, RN, PhD, University of Alberta

Cathy Graham, RN, MSc, Trent/ Fleming School of Nursing

Jane Moseley, RN, BScN, MAdEd, St. Francis Xavier University

Wanda Pierson, RN, BSN, MSN, PhD, Langara College

Terry Penny, RN, BScN, MSN, Nova Scotia Community College



# **Integration and Assessment of the Aboriginal Cultural Competence & Cultural Safety Course in our Practical Nursing Program**

Terry Penny, RN, BScN, MSN  
*Nova Scotia Community College*



# Nova Scotia



# Our College

- NSCC is a province-wide comprehensive community college system.
- Thirteen campuses located across NS provide applied education to adults of all ages.
- This system blends the advantages of a community-focused approach, offering local visibility and recognition, while benefiting from a provincial organizational design.

# Nova Scotia Community College

From Sydney to Yarmouth, from Amherst to Halifax, there's an NSCC campus or learning centre in towns and cities throughout Nova Scotia.

- NSCC Campuses and Institutes
- Community Learning Centre





# Our Team



Invest in nursing faculty supply and nursing program infrastructure  
Foster innovative initiatives to sustain an appropriately prepared nursing workforce  
Invest in nursing research and knowledge translation



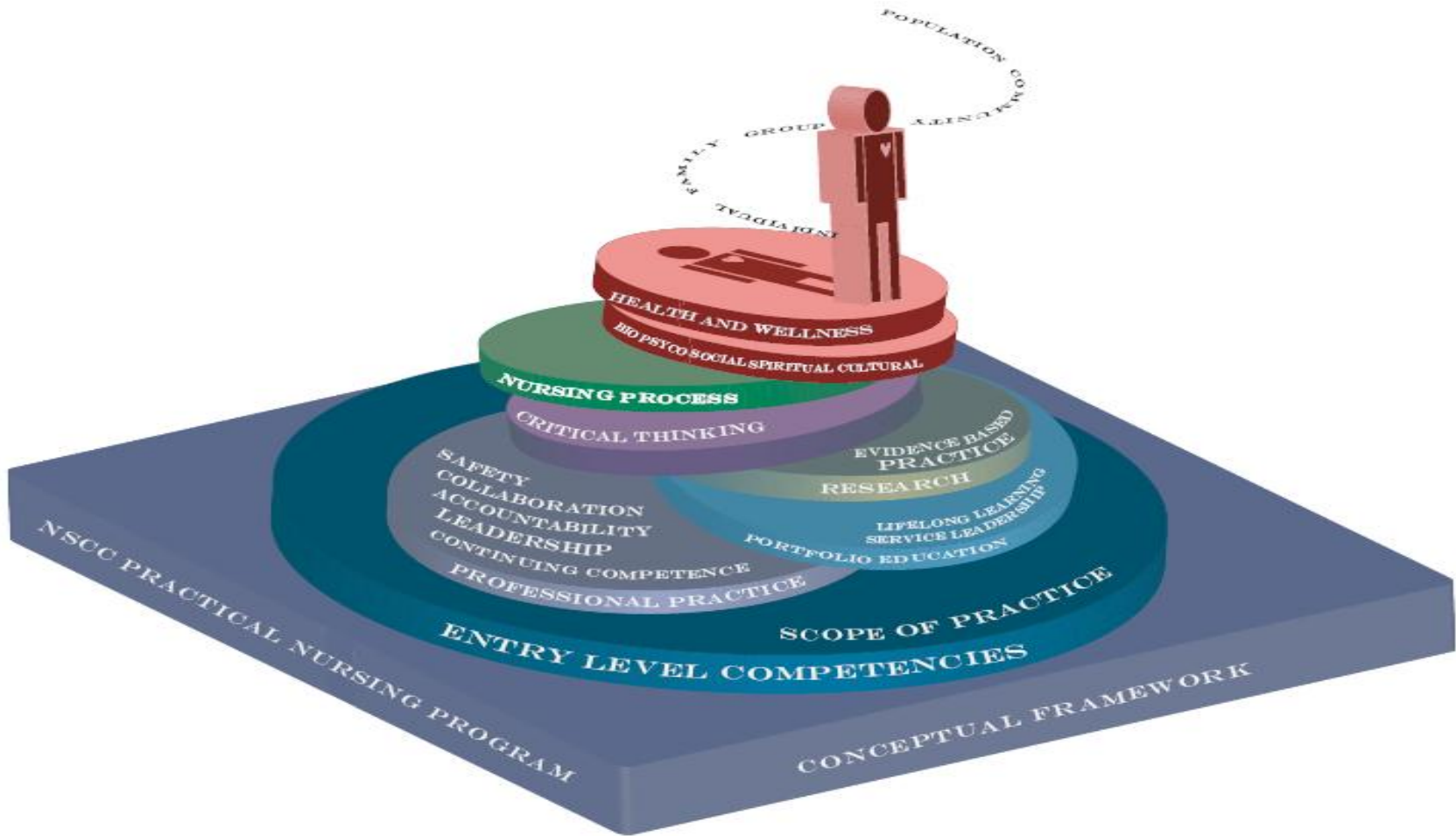
# Our Plan

- Utilize content and guidance from the A.N.A.C. document Cultural Competence and Cultural Safety in Nursing Education, to:

# Our Plan

- Review present curriculum for opportunities to reinforce and integrate Cultural Competency and Cultural Safety throughout the Practical Nursing Education Program curriculum.

# Practical Nursing Conceptual Framework

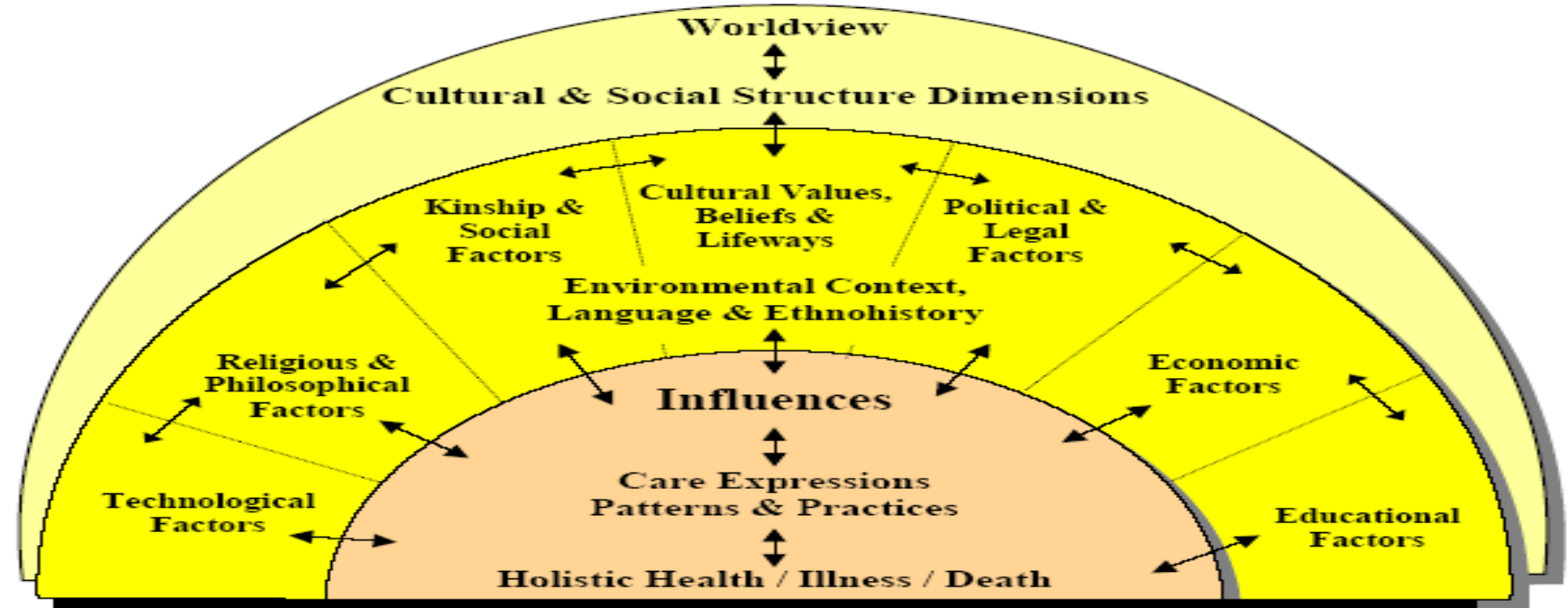


# Our Plan

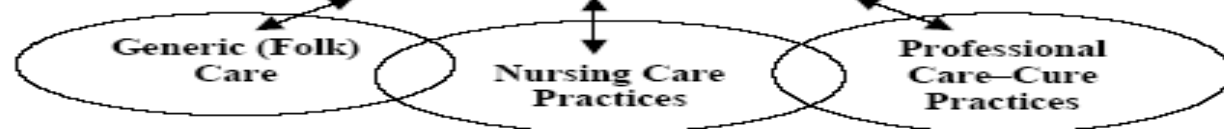
- Develop a specific course that would further Practical Nursing students understanding of Mi'kmaq culture and help develop the competencies of inclusivity, respect and indigenous knowledge required to partner in the caring of /for First Nation clients, their families and communities.

# Leininger's Sunrise Enabler to Discover Culture Care

## CULTURE CARE



Focus: Individuals, Families, Groups, Communities or Institutions  
in Diverse Health Contexts of



Transcultural Care Decisions & Actions

Culture Care Preservation/Maintenance  
Culture Care Accommodation/Negotiation  
Culture Care Repatterning/Restructuring

Code:  (Influencers)

Culturally Congruent Care for Health, Well-being or Dying

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# Our Plan

- The learner will be introduced to cultural competencies via theory and be accountable to demonstrate cultural awareness during their clinical experiences.
- By delivering the cultural awareness content in a specific course and then applying the theory in the clinical setting the new learning is both supported and reinforced.

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# Aboriginal Cultural Competence & Cultural Safety

Focusing on the strengths of Aboriginal Communities, learners will gain an understanding of the impact of historical events experienced by Aboriginal peoples. Building on this understanding, learners will develop the competencies required to partner in caring for Aboriginal persons, including competencies in the concepts of inclusivity, respect, and indigenous knowledge



# Course Outcomes

- Demonstrate compassionate, culturally safe, relationship centered care with Aboriginal clients, their families and communities
- Demonstrate a commitment to engage in dialogue and relationship building with Aboriginal peoples, cultures and health practices
- Describe Aboriginal cosmologies, ontology, epistemology and explanatory models as they relate to health & healing
- Identify health care approaches that place Aboriginal clients at risk for cultural harm and describe measures to rectify these approaches

# Learning Activities

- The richness of the content supports a myriad of learning opportunities within this course such as:
  - Visit/volunteer at a First Nations Community Health Centre
  - Elders as teachers
  - Identify core cultural elements in a local First Nations community and examine current nursing care approaches to determine relevancy & appropriateness
  - Identify several barriers that First Nations clients face when accessing health care
  - Identify several strategies to overcome the above noted barriers.
  - Submit a Nursing Care Plan for a First Nations client with a focus on cultural awareness

# Integration of Course

- Course facilitated by core faculty with support of Aboriginal campus staff
- Focus of course was on self-reflection, discussion and transformational learning
- Extensive involvement of Community Elders
- All students completed a clinical experience in a Mi'kmaq Community Health Center

# The benefits of this learning journey:

- Provided opportunities to become aware of own biases and cultural backgrounds
- Provide an opportunity to focus on First Nations culture exclusively.
- Provide opportunity for PN students to explore care and caring in First Nations Communities

# Looking Forward



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# Looking Forward



Other Programs

Other Cultures

# Evaluation

- In December 2011, formal evaluation of the course was conducted by a 3<sup>rd</sup> party, Kathryn Hayward, Dalhousie University, Nova Scotia
- All involved parties interviewed (students, faculty, administration and community health partners)
- Final report will be submitted to A.N.A.C. by March 31, 2012
- Based on anecdotal comments the evaluation is expected to be positive and this course will be included as a core requirement in all our PN programs





# Our Vision

PN students will respect and appreciate the range and diversity of indigenous health practices both traditional and non traditional.

