

Palliative and End-of-Life Care Toolkit

An online teaching and learning resource to support undergraduate nursing education programs in Canada

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who developed this Palliative and End-of-Life Care
Teaching and Learning Nursing Resource.*

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Section 1: Overview of Toolkit

Objectives

This toolkit is a collection of online resources to assist nursing faculty members in integrating palliative and end-of-life care (PEOLC) content in their courses. Resources contained in this toolkit include:

- ✓ Search strategies for databases
- ✓ Journal websites for searching
- ✓ Professional associations and descriptions of their resources
- ✓ Strategies for searching the World Wide Web and current online resources
- ✓ Search strategies for finding textbooks, video clips, and other teaching tools

Organization

This toolkit is organized into two main sections:

1. General Resources

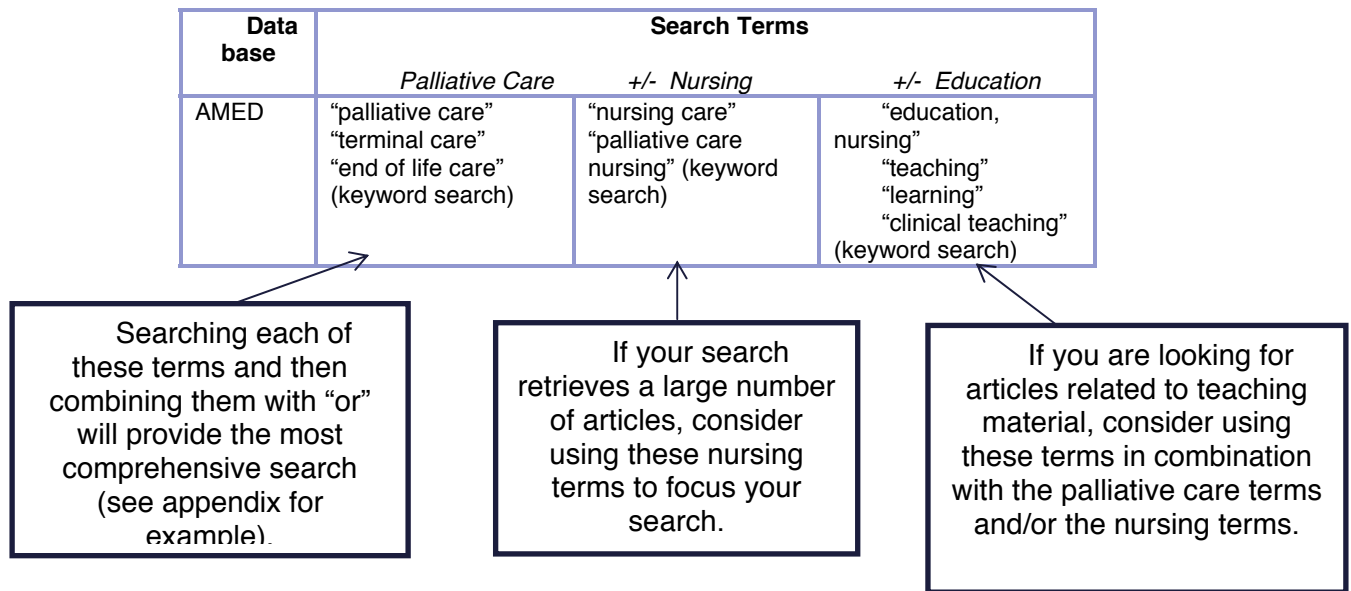
This section is divided into two parts. The first part includes strategies and resources that can be used to access PEOLC content. The second part focuses on resources that can help with teaching PEOLC content effectively. Due to the broad nature of this section, Canadian resources are the focus where appropriate (e.g. professional associations, networks, interest groups, websites, etc.), with some international resources listed (e.g. professional associations, journals, etc.).

2. Competency-Specific Resources

This section is broken down into the nine PEOLC competencies. Each section contains resources for both content and teaching that address each competency individually. While there is some overlap between the content of the specific competencies and the 'General Resources' sections, most of the resources are different. Due to the focused nature of each competency, the resources in this section are from international resources.

Tips for Using this Resource

Database Search Strategies:



Journals

The journals provide an additional option for identifying research related to palliative and end-of-life care (PEOLC) and education. The *Aims & Scope* outline what the journal identifies as its focus to guide your selection of which journals to search. Most journal webpages have a 'search' tool to help identify relevant articles.

Newsletters, Associations, Networks, Interest Groups, Websites

These resources provide access to people working in PEOLC tools for those receiving care or for their caregivers, summaries of information, etc. The description and/or list of online resources outline the type of information available at each site.

Teaching Tools

The teaching tools include elements to help with planning curriculum (e.g. textbooks, books for book review projects, etc.) as well as audio-visual aides for use within a lecture.

Search Strategies



These are outlined at the start of each sub-section and are marked with this symbol.

Section 2: General PEOLC Resources

a) PEOLC Resources

i. Database Search Strategies

Database	Search Terms		
	<i>Palliative Care</i>	<i>+/- Nursing</i>	<i>+/- Education</i>
AMED	“palliative care” “terminal care” “end of life care” (keyword search)	“nursing care” “palliative care nursing” (keyword search)	“education, nursing” “teaching” “learning” “clinical teaching” (keyword search)
CINAHL	“palliative care” “terminal care” “terminally ill patients” “end of life care” (keyword search)	“hospice and palliative nursing” “holistic nursing” “nursing practice, evidence-based” “nursing care”	“education, nursing” “curriculum” “education, clinical” “learning environment, clinical” “learning methods” “teaching” “education research” “students, nursing”
Cochrane	“palliative care” “end of life care” “terminal care” (search above terms in title, abstract, or keywords)	“nursing” (search above term in title, abstract, or keywords)	“nursing students” “learning” (search above terms in title, abstract, or keywords)
Embase	“palliative therapy” “terminal care” (includes end of life and hospice care) “attitude to death”	“evidence-based nursing” “hospice nursing” “holistic nursing” “palliative care nursing” (keyword search)	“nursing education” “nursing student” “curriculum” “education program” “teaching”
Medline	“palliative care” “terminal care” “end of life care” (keyword search)	“evidence-based nursing” “holistic nursing” “palliative care nursing” (keyword search)	“education, nursing” “curriculum” “teaching” “students, nursing”

Example Findings:

DiBarolo, M.C. & Seldomridge, L.A. (2009, August). Cinemeducation: Teaching end-of-life issues using feature films. *Journal of Gerontological Nursing*, 35(8), 30-36.

ii. Journals

Journal Search Tools:



- University libraries:
Relevant journals can be identified through many universities by using their libraries' online search tools to identify journals with terms such as "palliative," "end-of-life," or "hospice," in their title.

Example Journal Search Tools:

- Dalhousie University - [http://libraries.dal.ca/advanced_search_options/advanced_search.html?libraryTab= Journals](http://libraries.dal.ca/advanced_search_options/advanced_search.html?libraryTab=Journals)
- McGill University - <http://www.mcgill.ca/library/>
- Memorial University - <http://www.library.mun.ca/>
- Queen's University - <http://library.queensu.ca/research/ejournals/>
- University of Alberta - <http://www.library.ualberta.ca/ejournals/>
- University of British Columbia - <http://search.library.ubc.ca/#journals>
- University of New Brunswick - <http://www.lib.unb.ca/eresources/index.php?sub= journals>
- University of Prince Edward Island - <http://library.upei.ca/>
- University of Saskatchewan - <http://library.usask.ca/>
- University of Winnipeg - <http://library.uwinnipeg.ca/research/discovery-tools/ journal-search>



- Directory of Open Access Journals
 - Website: <http://www.doaj.org/>
 - Search terms: "palliative care," "hospice," and "end-of-life"



- Gateway for Free E-Journals
 - Website: <http://www.icast.org.in/ejournal/ejournal.php>
 - * currently no palliative care journals are listed in the index

Journals:

- *Advances in Palliative Medicine*
 - Website: <http://www.advpm.eu/>
 - Access: FREE online access
 - Aims & Scope: *Advances in Palliative Medicine* is a quaternary created by specialists in palliative care. It is addressed to professionals from different branches of medicine who meet terminally ill patients in their daily practice. The journal focuses mainly on education and aims at popularizing palliative medicine – medical speciality recently undergoing dynamic development in Poland *Advances in Palliative Medicine* contains mainly review papers and selected original papers by Polish authors and reprints of the most interesting foreign publications. Information about medications used in palliative care is published in a special section. In addition the journal notifies of current courses and workshops in the field of palliative medicine.

- *American Journal of Hospice & Palliative Medicine* (pre-1994: *American Journal of Hospice & Palliative Care*)
 - Website: <http://ajh.sagepub.com/>
 - Access: subscription required, may be accessible free through academic libraries
 - Aims & Scope: *American Journal of Hospice and Palliative Medicine* is a peer-reviewed bi-monthly journal that offers physicians, nurses, psychologists/ psychiatrists, pastoral care professionals, hospice administrators, and related health care professionals high-quality, practical, and multidisciplinary information on the medical, administrative, and psychosocial aspects of hospice and palliative care.

- *BMC Palliative Care*
 - Website: <http://www.biomedcentral.com/bmcpalliatcare/>
 - Access: FREE online access
 - Aims & Scope: *BMC Palliative Care* is an open access journal publishing original peer-reviewed research articles in the clinical, scientific, ethical and policy issues, local and international, regarding all aspects of hospice and palliative care for the dying and for those with profound suffering related to chronic illness.

- *BMJ Supportive & Palliative Care*
 - Website: <http://spcare.bmj.com/>
 - Access: FREE access to issues prior to 2006 if you register, articles past 2006 are available by subscription or may be accessible free through academic libraries
 - Aims & Scope: We hold an inclusive view of supportive and palliative care research and we are able to call on expertise to critique the whole range of methodologies within the subject, including those working in transitional research, clinical trials, epidemiology, behavioural sciences, ethics and health service research. Articles with relevance to clinical practice and clinical service development will be considered for publication. The content of the four print editions a year will feature a selection of the on-line journal, and will include original research of an international standard, focused editorial comment as

well as important systematic reviews. A news section, updated regularly, with rapid publication of correspondence on newsworthy topics will appear online, alongside columns, short reports and opinion pieces. Critiques of current practice and examination of new guidelines will also be a regular feature of the journal as well as a digest of important publications on supportive and palliative care issues from other journals.

○ *Current Opinion in Supportive and Palliative Care*

- Website: <http://journals.lww.com/co-supportiveandpalliativecare/pages/default.aspx>
- Access: subscription required, may be accessible for free through academic libraries
- Aims & Scope: A reader-friendly resource, *Current Opinion in Supportive and Palliative Care* provides an up-to-date account of the most important advances in the field of supportive and palliative care. Each issue contains either two or three sections delivering a diverse and comprehensive coverage of all the key issues, including end-of-life management, gastrointestinal systems and respiratory problems. *Current Opinion in Supportive and Palliative Care* is an indispensable journal for the busy clinician, researcher or student with condensed reviews, supplemented with References and Recommended Reading and Current World Literature - a thorough bibliography compiled from the top journals in the field.

○ *End of Life Care Journal* (*currently transitioning to a free online journal published by St. Christopher's, UK*)

- Website: <http://endoflifecare.co.uk/journal.shtml>
- Access: subscription required, may be accessible for free through academic libraries
- Aims & Scope: The journal is written for the front line nurse working in hospital, community and care homes. It will contain articles on practice development, research, reviews of current or new studies, ethical decision-making, the law, debate, case reports and comment pieces all pitched at the appropriate depth and level. This journal provides nurses working in hospitals, care homes, and community settings with evidence-based articles and information so that they can give more effective care to dying patients and their families/friends.

○ *European Journal of Palliative Care*

- Website: <http://www.ejpc.eu.com/ejpc/home.asp?FR=1>
- Access: subscription required, may be accessible free through academic libraries
- Aims & Scope: The *EJPC* aims to contribute to the advancement of skills and expertise offered by the diverse range of individuals involved in the provision of palliative care across Europe. The journal is designed to be of direct and practical relevance to the following professional groups: palliative care specialists, GPs, nurses (whether home- or hospital/hospice-based), medical and clinical oncologists, anaesthetists and pain specialists, geriatricians, Aids specialists, psychiatrists/ psychologists, social workers and site specialists (e.g. gastroenterologists, chest physicians, gynaecologists).

○ *Illness, Crisis, and Loss*

- Website: <http://www.baywood.com/journals/previewjournals.asp?Id=1054-1373>
- Access: subscription required, may be accessible free through academic libraries

- *Aims & Scope: Illness, Crisis & Loss* is the resource that furthers your understanding and knowledge of the psychosocial and ethical issues associated with life-threatening illness, traumatic human crises, grief, and loss. The broad focus of the journal makes it relevant to a wide range of professionals and scholars, such as grief counselors, therapists, social workers, thanatologists, physicians and nurses, medical ethicists, and anyone else who works with people in crisis situations. *Illness, Crisis & Loss* publishes peer-reviewed articles, book reviews, and essays on psychological and ethical issues associated with life-threatening illnesses, traumatic human crises, grief, and loss. Through editorials, interviews, and commentaries, you will also discover the latest thinking on the most pressing ethical and psychosocial issues from those working on the frontlines.
 - *Indian Journal of Palliative Care*
 - Website: <http://www.jpalliativecare.com/>
 - Access: FREE online access to HTML articles, PDFs available to subscribers or readers from developing countries
 - Aims & Scope: The *Indian Journal of Palliative Care* is an interdisciplinary, peer reviewed journal published 3 Issues under the aegis of the Indian Association of Palliative Care.
 - *Internet Journal of Pain, Symptom Control, and Palliative Care*
 - Website: <http://www.ispub.com/ostia/index.php?xmlFilePath=journals/ijpsp/front.xml>
 - Access: FREE online access
 - Aims & Scope: This is a peer-reviewed journal.
 - *International Journal of Palliative Nursing*
 - Website: <http://www.ijpn.co.uk/>
 - Access: subscription required, may be accessible free through academic libraries
 - Aims & Scope: The aim of *IJPN* is to provide nurses with essential information to help them deliver the best possible care and support for their patients. Each issue contains an unparalleled range of peer-reviewed clinical, professional and educational articles, as well as helpful and informative information on practical, legal and policy issues of importance to all palliative nurses. The journal has a strong international focus. It is represented by an eminent international editorial board and articles are commissioned internationally to encourage the sharing of practices and innovations worldwide, and to raise awareness of the different cultural influences on palliative care.
 - *Journal of Hospice and Palliative Nursing*
 - Website: <http://journals.lww.com/jhpn/pages/currenttoc.aspx>
 - Access: subscription required, may be accessible free through academic libraries
 - Aims & Scope: *Journal of Hospice & Palliative Nursing (JHPN)* is the official journal of the Hospice & Palliative Nurses Association and is the professional, peer-reviewed journal for nurses in hospice and palliative care settings. Focusing on the clinical, educational and research aspects of care, *JHPN* offers current and reliable information on end of life nursing. Feature articles in areas such as symptom management, ethics, and futility of care address holistic care across the continuum. Book and article reviews,

clinical updates and case studies create a journal that meets the didactic and practical needs of the nurse caring for patients with serious illnesses in advanced stages. Continuing education, membership and certification association updates and favourite poems/stories are also included.

- *Journal of Pain and Palliative Care Pharmacotherapy* (pre-2002: *The Hospice Journal* and the *Journal of Pharmaceutical Care in Pain & Symptom Control*)
 - *Website:* <http://informahealthcare.com/page/Description?journalCode=ppc>
 - *Access:* subscription required, may be accessible free through academic libraries
 - *Aims & Scope:* *The Journal of Pain & Palliative Care Pharmacotherapy* is an interdisciplinary, peer-reviewed, quarterly publication that addresses advances in acute, chronic, and end-of-life symptom management. It is published both in print and electronically (online). Readers in environments that have institutional subscriptions have access to full text of each issue online. Inside you'll find original research, timely review articles, case reports, commentaries, book and media reviews, and articles on efficacy, safety, cost-effectiveness, availability, delivery systems, ethics, policy, philosophy, and other issues relevant to pharmacotherapy in the management of acute, chronic, and end-of-life pain and related symptoms. Readers are invited to submit letters to the Editor for publication consideration. The journal's interdisciplinary, international, 32-member Editorial Board includes leading clinicians, investigators and analysts from the disciplines of bioethics, medicine, nursing, pharmaceutical sciences, psychology, social work, and health care policy.

- *Journal of Pain and Symptom Management*
 - *Website:* <http://www.jpsmjournals.com/>
 - *Access:* free online access to abstracts, subscription required to access full articles, may be accessible free through academic libraries
 - *Aims & Scope:* *The Journal of Pain and Symptom Management* is an international, peer-reviewed journal and is the leading forum for publication of new research and clinical information related to palliative care and pain management. It is the Official Journal of the American Academy of Hospice and Palliative Medicine, the National Hospice and Palliative Care Organization, and the U.S. Cancer Pain Relief Committee. For more than 20 years, the *Journal of Pain and Symptom Management* has advanced the disciplines of palliative care and pain management through publication of original articles describing both quantitative and qualitative research; narrative and systematic reviews; special articles; practice reports; columns; and letters. It is the major resource for dissemination of new scientific findings in palliative care.

- *Journal of Palliative Care* 🍁 (Canadian)
 - *Website:* <http://www.criugm.qc.ca/journalofpalliativecare/index.html>
 - *Access:* subscription required, may be accessible free through academic libraries
 - *Aims & Scope:* *The Journal of Palliative Care*, published by the Centre de recherche Institut universitaire de gériatrie de Montreal, is a Canadian-based, peer-reviewed, international and interdisciplinary forum for practical, critical thought on palliative care and palliative medicine. *The Journal*, first published in the Autumn of 1985, is a quarterly publication now in its 25th year. *The Journal's* Editorial Board, authorship, readership,

and panel of manuscript reviewers is international. The Journal publishes 12 types of papers including reports of original research, opinion papers, current reviews, case reports, book reviews, and reports on international activities. Each manuscript is submitted for evaluation to at least three reviewers.

○ *Journal of Palliative Medicine*

- *Website:* <http://www.liebertpub.com/products/product.aspx?pid=41>
- *Access:* subscription required, may be accessible free through academic libraries
- *Aims & Scope:* *Journal of Palliative Medicine* is the leading peer-reviewed journal covering medical, psychosocial, policy, and legal issues in end-of-life care and relief of suffering for patients with intractable pain. *The Journal*, published by Mary Ann Liebert Inc., presents essential information for professionals in hospice/palliative medicine, focusing on improving quality of life for patients and their families, and the latest developments in drug and non-drug treatments. Online blog for discussion of points raised in the journal also available at <http://palliativejournal.stanford.edu/>

○ *Journal of Social Work in End-of-Life & Palliative Care* (pre-2005: *Loss, Grief, & Care*)

- *Website:* <http://www.tandfonline.com/loi/wzlg20>
- *Access:* FREE online access
- *Aims & Scope:* Original research and conceptual articles explore issues crucial to individuals with serious, life-threatening, and life-limiting illness and their families across the lifespan. The focus includes, but is not limited to, the following areas: inter-professional practice and research; practice and policy innovations; practice evaluation; end-of-life communication and decision making; pain management and palliative care; grief and bereavement; ethical issues; sudden traumatic death; secondary trauma and compassion fatigue among professional caregivers. Topics addressed may cover a range of health and mental health community practice settings. The “Reflections” section of the journal is dedicated to using creative writing to give voice to the personal impact of end-of-life and palliative care in clinical practice, community organizing, policy practice, research, and education. Content is accepted in three forms: poetry, essays, and case studies.

○ *OMEGA – Journal of Death and Dying*

- *Website:* <http://www.baywood.com/journals/previewjournals.asp?id=0030-2228>
- *Access:* subscription required, may be accessible for free through academic libraries
- *Aims & Scope:* This journal brings insight into terminal illness; the process of dying, bereavement, mourning, funeral customs, suicide. Fresh, lucid, responsible contributions from knowledgeable professionals in universities, hospitals, clinics, old age homes, suicide prevention centers, funeral directors and others, concerned with thanatology and the impact of death on individuals and the human community. *OMEGA* is a rigorously peer-refereed journal. Drawing significant contributions from the fields of psychology, sociology, medicine, anthropology, law, education, history and literature, *OMEGA* has emerged as the most advanced and internationally recognized forum on the subject of death and dying. It serves as a reliable guide for clinicians, social workers, and health professionals who must deal with problems in crisis management, e.g., terminal illness, fatal accidents, catastrophe, suicide and bereavement.

- *Palliative Care Today*
 - Website: <http://www.cpsonline.info/content/publications/newsletters/newsletters.html>
 - Access: FREE online access
 - Aims & Scope: not stated

- *Palliative Care: Research & Treatment*
 - Website: <http://www.la-press.com/palliative-care-research-and-treatment-journal-j86>
 - Access: FREE online access
 - Aims & Scope: *Palliative Care: Research and Treatment* is an international, open access, peer reviewed journal which considers manuscripts on the clinical, scientific, and policy issues surrounding palliative care.

- *Palliative Medicine*
 - Website: <http://pmj.sagepub.com/>
 - Access: subscription required, may be accessible free through academic libraries
 - Aims & Scope: *Palliative Medicine* is a highly ranked, peer reviewed scholarly journal dedicated to improving knowledge and clinical practice in the palliative care of patients with far advanced disease. This outstanding journal features editorials, original papers, review articles, case reports, correspondence and book reviews. Essential reading for all members of the palliative care team.

- *Palliative & Supportive Care*
 - Website: <http://journals.cambridge.org/action/displayJournal?jid=PAX>
 - Access: subscription required, may be accessible free through academic libraries
 - Aims & Scope: *Palliative & Supportive Care* is an international journal of palliative medicine that focuses on the psychiatric, psychosocial, spiritual, existential, ethical, and philosophical aspects of palliative care. Its aim is to serve as an educational resource for practitioners from a wide array of disciplines engaged in the delivery of care to those with life threatening illnesses along the entire continuum of care from diagnosis to the end of life. The journal's scope is broad and relates to all aspects of palliative medicine that do not directly or exclusively deal with the administration of palliative care or hospice services, or with the primary management of pain and physical symptoms in palliative care.

- *Progress in Palliative Care*
 - Website: <http://maney.co.uk/index.php/journals/ppc/>
 - Access: subscription required, may be accessible free through academic libraries
 - Aims & Scope: *Progress in Palliative Care* is a peer-reviewed, multidisciplinary journal with an international perspective, which welcomes original research and review papers on a broad range of topics related to end of life care. It provides a central point of reference for all disciplines of the palliative care team in all settings: medical consultants, nurses, administrators, social workers, chaplains/pastoral care staff, counsellors, pharmacists, information staff, paramedical staff and self-help groups. The emphasis of the journal is on the rapid exchange of information amongst those working in palliative care.

Related Journals:

- *Age and Ageing*
- *Brains Trust: Palliative Care*
- *Canadian Oncology Nursing Journal*
- *Death Studies*
- *HIV/AIDS: Research and Palliative Care*
- *Journal of Pain and Symptom Management*
- *Journal of Supportive Oncology*
- *Oncology*
- *Oncology Nursing Forum*
- *Pain Management Nursing*
- *Pain Research & Management*
- *Psycho-oncology*
- *Supportive Care in Cancer*

iii. Palliative Care Journal Club

- *Website:* <http://journalclub.pallcare.info/index.php>
- *Description:* JournalClub is a web site that filters and organises the many thousands of journal articles being published every week, to help you find the articles that are relevant to your needs. Updated daily, the site allows easy browsing of the latest issues of palliative care journals, and other selected journals from related subjects. Articles that appear to be of particular interest are flagged so you can briefly scan the titles of the 'Editor's choice'. Links allow you to go straight to the articles' abstracts at PubMed.
- *Registration:* FREE

iv. Newsletters & Other Publications

- Cancer Pain Release (*new website currently being developed)
 - *Website:* <http://www.whocancerpain.wisc.edu/welcome>
 - *Access:* FREE online
 - *Aims & Scope:* *Cancer Pain Release* is the publication of the World Health Organization global communications program to improve cancer and HIV pain control and palliative care. *Cancer Pain Release* is dedicated to keeping a worldwide and multidisciplinary audience in the health professions and government abreast of relevant information and developments in clinical medicine, education, and policy.

v. Associations

Association Search Tool:



- Tool for finding associations:
 1. Go to Google homepage: www.google.ca (or search engine of your choice)
 2. Enter search terms: (1) “palliative care,” “end-of-life,” or “hospice” plus (2) “association” plus (3) your desired location (e.g. “Ontario,” “Canada,” or “international”)

Canadian Associations:

- Alberta Hospice Palliative Care Association
 - *Website:* <http://ahpca.ca/>
 - *Mission:* The AHPCA is the voice of hospice palliative care consumers, professionals and volunteers in Alberta. The AHPCA contributes to the development of a comprehensive and equitable strategy for end-of-life care in Alberta.
 - *Online Resources:* ‘You Cared’ Certificates, recommendation reports, and resource page (links, books, and fact sheet)
- Association Québécoise Des Soins Palliatifs
 - *Website:* <http://www.aqsp.org/>
 - *Mission:* Le Réseau de soins palliatifs du Québec (Réseau) est une association dont la mission vise à faciliter l'accès à des soins palliatifs de qualité à l'ensemble de la population québécoise. Le Réseau est un point de rassemblement pour toutes les questions touchant l'information, la diffusion, la promotion et la formation en soins palliatifs et soins de fin de vie.
 - *Online Resources:* print resources for the client and his/her family members, position statements, conference information, online and print resources, and events.
- BC Hospice Palliative Care Association
 - *Website:* <http://www.hospicebc.org/>
 - *Mission:* At BCHPCA our vision is that all people in BC and the Yukon have access to Quality End of Life Care. Our Mission is to build capacity in our communities to support this vision.
 - *Online Resources:* recommended journals, book recommendations, list of book and video catalogue companies, election kit, end-of-life care provincial framework, and annual conference details.

- Canadian Hospice Palliative Care Association (*webpage available in French*)
 - *Website:* <http://www.chpca.net/index>
 - *Mission:* The Canadian Hospice Palliative Care Association (CHPCA) is the national association which provides leadership in hospice palliative care in Canada. CHPCA offers leadership in the pursuit of excellence in care for persons approaching death so that the burdens of suffering, loneliness and grief are lessened.
 - *Online Resources:* outline of national framework, Advanced Care Planning Resource Commons (able to search by province), synthesis of Advanced Care Planning tools (includes classroom teaching resources), results of environmental scan, interest groups, standards/norms of practice, fact sheets, and details of annual conference.

- Canadian Virtual Hospice
 - *Website:* http://www.virtualhospice.ca/en_US/Main+Site+Navigation/Home.aspx
 - *Mission:* The Canadian Virtual Hospice provides support and personalized information about palliative and end-of-life care to patients, family members, health care providers, researchers and educators.
 - *Online Resources:* articles on various topics (e.g. symptoms, decisions, providing care, spiritual health, etc.); indexed “ask and answer,” “ask a professional,” and discussion sections; research portal; tools for practice (e.g. clinical practice guidelines, etc.); course and conference listing; and online networking with ‘PallNet.’

- Hospice Association of Ontario (formerly: End-of-Life Information Service)
 - *Website:* <http://www.hospice.on.ca/>
 - *Mission:* The Hospice Association's mission is to ensure that our members consistently deliver the finest end-of-life care possible to individuals with life-threatening conditions, their families and friends.
 - *Online Resources:* hospice certification programs, print manuals, and related links.

- Hospice & Palliative Care Manitoba
 - *Website:* <http://www.manitobahospice.ca/>
 - *Mission:* Hospice & Palliative Care Manitoba is your link to quality end-of-life and bereavement care.
 - *Online Resources:* association newsletters, position statements, courses and workshops, norms of practice, professional speaker lists, printed resources, PowerPoint presentations, related links, and annual conference details.

- Hospice Palliative Care Association of Prince Edward Island
 - *Website:* <http://hospicepei.ca/wordpress/>
 - *Mission:* The Mission of the Hospice Palliative Care Association of Prince Edward Island is to provide care and support to those living with or dying from a life-threatening illness and to those who are bereaved throughout Prince Edward Island.
 - *Online Resources:* related links and list of definitions.

- Manitoba Palliative Care Nurses Association
 - *Website:* <http://palliative.info/mpcna/mpcna.htm>
 - *Mission:* To provide a forum for the development of public relations strategies to unify, palliative care nursing in Manitoba and our association. The Public Relations Committee will build relationships with other agencies and stakeholders who provide palliative care services for patients and families living with a terminal illness at local and provincial levels.
 - *Online Resources:* online newsletter, upcoming presentations and workshops, and information about the Hospice Palliative Care Nursing Certification Exam.

- New Brunswick Hospice Palliative Care Association (*all information also available in French)
 - *Website:* <http://www.nbhPCA-asPnb.ca/>
 - *Mission:* The New Brunswick Hospice Palliative Care Association provides leadership to enhance quality end-of-life-care for individuals and families living with life threatening illnesses in New Brunswick, and works in collaboration with the Canadian Hospice Palliative Care Association and other provincial and national stakeholders to advance hospice palliative care in New Brunswick and in Canada.
 - *Online Resources:* grant information, workshop information, helpful hints, related links, provincial framework, and annual conference details.

- Newfoundland & Labrador Palliative Care Association
 - *Website:* <http://www.nlpalliativecareassociation.com/>
 - *Mission:* website currently under construction
 - *Online Resources:* related links, and details of annual conference.

- Nova Scotia Hospice Palliative Care Association
 - *Website:* <http://www.nshPCA.ca/>
 - *Mission:* Our Mission is to achieve comfort and peace for persons living and dying with a life threatening illness throughout Nova Scotia. The Association exists to promote the philosophy and principles of palliative care through networking, public and professional education, advocacy and research.
 - *Online Resources:* directory of local palliative care programs, guides and standards, related links, and details of annual conference.

- Ontario Palliative Care Association
 - *Website:* <http://www.ontariopalliativecare.org/>
 - *Mission:* How we treat those who are dying in our community reflects who we are as a society. All Ontarians have the right to die with dignity, to have access to physical, psychosocial, and spiritual care. As health care providers, volunteers, and family representatives of Ontario's hospice palliative care community we advocate for quality end-of-life care using an integrated and collaborative approach.
 - *Online Resources:* online newsletter, annual reports, application form for print resources, related links, and details of annual conference.

- Saskatchewan Hospice Palliative Care Association
 - *Website:* <http://www.saskpalliativecare.org/>
 - *Mission:* Our mission is to strive towards achieving comfort and peace for persons across Saskatchewan living and dying with a terminal illness.
 - *Online Resources:* bursaries and awards, online booklets on related legal issues, reports, research contacts, research projects, online newsletters, related links, and details of annual conference.

International Associations:

- International Association of Hospice & Palliative Care
 - *Website:* <http://www.hospicecare.com/>
 - *Mission:* Our mission is to collaborate and work to improve the quality of life of patients with advanced life-threatening conditions and their families, by advancing hospice and palliative care programs, education, research, and favorable policies around the world.
 - *Online Resources:* online newsletter, link to book/audio-visual resources, manuals, guidelines, program development/research/educational/policy and advocacy tools, and standards.
- Worldwide Palliative Care Alliance
 - *Website:* <http://www.thewpca.org/>
 - *Mission:* The Worldwide Palliative Care Alliance promotes universal access to affordable quality palliative care through the support of regional and national hospice and palliative care organisations.
 - *Online Resources:* news updates, toolkits and documents for download, and related links.

vi. Networks

Network Search Tool:



- Tool for Finding Networks: Various networks exist for specific regions in Ontario, to locate a specific network online:
 1. Go to Google homepage: www.google.ca (or search engine of your choice)
 2. Enter search terms: (1) “community palliative care network” plus (2) your city or region (e.g. “Toronto,” “York Region” or “southeastern Ontario”)

- Example:
 - PalCare Network for York Region (<http://www.palcarenetwork.org/>)
 - Northwestern Ontario End-of-Life Care Network (<http://www.nwoendoflifecare.ca/>)
 - Southeastern Ontario Palliative & End-of-Life Care Network (<http://www.seopalliativeeolcare.ca/>)

Local and International Networks:

- Bereavement Ontario Network
 - *Website:* <http://www.bereavementontarionetwork.com/pages/home>
 - *Mission:* Bereavement Ontario Network (BON) provides an opportunity to access, in a reciprocal manner, the knowledge, experience, wisdom and sensitivity of other members throughout the province. You can use BON to access this support for your clients, and yourself from across the province.
 - *Online Resources:* details about their annual conference and (with membership) access to a newsletter and interactive section of their webpage.
- Canadian Network of Palliative Care for Children
 - *Website:* <http://www.cnpcc.ca/>
 - *Mission:* (1) To develop, coordinate and maintain a Canadian network for pediatric hospice palliative care. (2) To collaborate on national and international activities and initiatives in the field of pediatric hospice palliative care and to seek opportunities for partnerships. (3) To assume a role of leadership in pediatric hospice palliative care and to advocate for the needs of children with life-threatening illness and their families.
 - *Online Resources:* webinars, newsletters, conference information, norms of practice, symptom control guidelines, policies, research updates, teaching materials, related links, and discussion links.
- Canadian Network of Pediatric Hospices
 - *Website:* <http://cnph.ca/>
 - *Mission:* The Canadian Network of Pediatric Hospices (CNPH) fosters collaboration and sharing among pediatric residential hospices in Canada. The network provides leadership about pediatric palliative care to residential hospice settings.
 - *Online Resources:* norms of practice and contact list.
- International Children's Palliative Care Network
 - *Website:* <http://www.icpcn.org.uk/>
 - *Mission:* The ICPCN represents the voice of children on the Worldwide Palliative Care Alliance. The WPCA is an alliance of national and regional hospice and palliative care organisations. It is a global action network designed to focus exclusively on hospice and palliative care development worldwide.
 - *Online Resources:* definitions, various manuals/standards for download, related links, and directory of international palliative care associations.

- Palliative Care Network

- *Website:* <http://www.palliativecarenetwork.com/>
- *Mission:* Palliative Care Networks mission is to provide a free platform aiming at empowering palliative care professionals to teach, interact, and exchange ideas with fellow colleagues globally to promote collaboration and an exchange of knowledge.
- *Online Resources:* international palliative care professional directory, related links, and community (site of member knowledge exchange).

vii. Interest Groups

Interest Group Search Tool:



- Tool for finding interest groups:
 1. Go to Google homepage: www.google.ca (or search engine of your choice)
 2. Enter search terms (1) “interest group” plus (2) “palliative care,” “end-of-life,” or “hospice”

Interest Group:

- Canadian Hospice Palliative Care Association Nurses Special Interest Group
 - *Website:* http://www.chpca.net/nurses_ig
 - *Mission:* The Canadian Hospice Palliative Care Nurses Group will: (1) Define and advance the unique body of knowledge and the holistic approach used in hospice palliative care nursing. (2) Support hospice palliative care nursing research, education, practice and administration at a national level. (3) Promote hospice palliative care networking opportunities to enhance communication and learning among Canadian nurses. And (4) Influence hospice palliative care public policy development at the national and provincial level.

viii. Websites

Website Search Tools:



- To locate websites related to palliative and end-of-life care:
 1. Go to Google homepage: www.google.ca (or search engine of your choice)
 2. Enter search terms: (1) “palliative care,” “end-of-life,” or “hospice”
 3. Depending on your goals or the results, you may want to narrow the search using location terms such as “Quebec” or other related terms such as “education resources,” “nursing role,” etc.

Websites:

- Provincial government websites
 - Go to your provincial government webpage (see below)
 - Enter “palliative care” in the search box
 - Alberta: <http://alberta.ca/home/>
 - British Columbia: <http://www2.gov.bc.ca/>
 - Manitoba: <http://www.gov.mb.ca/>
 - New Brunswick: <http://www.gnb.ca/>
 - Newfoundland and Labrador: <http://www.gov.nf.ca/>
 - Nova Scotia: <http://www.gov.ns.ca/>
 - Ontario: <http://www.ontario.ca/>
 - Prince Edward Island: <http://www.gov.pe.ca/>
 - Quebec: <http://www.gouv.qc.ca/portail/quebec/pgs/commun/>
 - Saskatchewan: <http://www.gov.sk.ca/>
- Provincial Ministries of Health:
 - Go to your provincial health ministry webpage (see below)
 - Enter “palliative care” in the search box
 - Alberta Ministry of Health and Wellness: <http://www.health.alberta.ca/>
 - British Columbia Ministry of Health: <http://www.gov.bc.ca/health/>
 - Manitoba Department of Health: <http://www.gov.mb.ca/health/> and Department of Healthy Living, Youth, and Seniors: <http://www.gov.mb.ca/healthyliving/>
 - New Brunswick Department of Health: <http://www.gnb.ca/0051/>
 - Newfoundland and Labrador Department of Health and Community Services: <http://www.health.gov.nl.ca/health/>
 - Nova Scotia Department of Health and Wellness: <http://www.gov.ns.ca/DHW/>
 - Ontario Ministry of Health and Long-Term Care: <http://www.health.gov.on.ca/en/>
 - Prince Edward Island Department of Health: <http://www.gov.pe.ca/health/>
 - Ministère de la Santé et des Services sociaux du Québec: <http://www.msss.gouv.qc.ca/>
 - Saskatchewan Ministry of Health: <http://www.health.gov.sk.ca/>
- Advanced Care Planning
 - *Website:* <http://www.advancecareplanning.ca/home.aspx>
 - *Resources:* tools to create a plan for end-of-life care
- Canadian Healthcare Association
 - *Website:* http://www.cha.ca/index.php?option=com_content&view=frontpage&Itemid=28
 - *Resources:* press releases, etc. with a focus on health policy
- Canadian Institute of Health Information
 - *Website:* <http://www.cihi.ca/CIHI-ext-portal/internet/EN/Home/home/cihi000001>
 - *Resources:* various national statistics and summaries (enter “palliative care” in the search box)

- Canadian Nurses Association
 - *Website:* <http://www.cna-nurses.ca/cna/>
 - *Resources:* position statement on “Providing Nursing Care at the End of Life”

- Dalhousie University College of Pharmacy Drug Information Resources
 - *Website:* <http://dir.pharmacy.dal.ca/pain.php>
 - *Resources:* websites, recommended books, clinical practice guidelines, journals and newsletters, and PubMed search aides.

- Health Canada
 - *Website:* <http://www.hc-sc.gc.ca/hcs-sss/palliat/index-eng.php>
 - *Resources:* In this section, you will find information on palliative and end-of-life care in Canada, including information on service delivery and the involvement of the federal government. You will also find links to publications that contain information on palliative and end-of-life care in Canada as well as other related resources.
 - *Example Resource:* Chronology of Key National Palliative and End-of-Life Care Developments in Canada

- Hospice International
 - *Website:* <http://hospiceinternational.com/index.html>
 - *Resources:* links to recent news, lists of Canadian hospice associations/end-of-life organizations, various online resources for printing, and related links.

- University of Toronto: Ian Anderson Continuing Education Program in End-of-Life Care
 - *Website:* <http://www.cme.utoronto.ca/endoflife/default.htm>
 - *Resources:* modules (covering topics such as culture, symptom management, communication, etc.) and related links

- Living Lessons
 - *Website:* <http://www.living-lessons.org/>
 - *Resources:* related links, legal information, and online resources.

- National Cancer Institute, Coping with Cancer: Supportive and Palliative Care
 - *Website:* <http://www.cancer.gov/cancertopics/coping>
 - *Resources:* clinical trials, and overviews, screening, assessment, and treatments, for various end-of-life symptoms.

- Palliative.Info
 - *Website:* <http://palliative.info/>
 - *Resources:* related links, handouts/modules to facilitate teaching, and other Winnipeg-based protocols and guidelines.
 - *Example Resource:* Decision making in palliative care: a guide to approaching care choices

- Quality End-of-Life Care Coalition
 - *Website:* <http://www.qelccc.ca/Home>
 - *Resources:* fact sheets, annual reports, and related links.

- Regional Palliative Care Program in Edmonton Alberta
 - Website: <http://www.palliative.org/>
 - Resources: clinical information/resources, annual conference details, and related links.
 - Example Resource: Clinical Protocol: Bowel care in palliative care
- World Health Organization
 - Website: <http://www.who.int/cancer/palliative/en/>
 - Resources: (*cancer-specific) definitions, WHO pain relief ladder, capacity building modules, *Cancer Pain Release* publication index (*free access), and related links.
 - Example Resource: A community approach to palliative care for cancer and HIV/AIDS patients in sub-Saharan Africa
- World Hospice & Palliative Care Day
 - Website: <http://www.worldday.org/>
 - Resources: press releases, international updates on palliative care, and discussion forum.

ix. Conferences

Conference Search Tools:



- Conference Alerts
 - Website: <http://www.conferencealerts.com/>
 - Select “Palliative Care” from list of “Health and Medicine” topics



- Google (or search engine of your choice)
 - Website: <http://www.google.ca/>
 - Enter “palliative care conference” plus the year (e.g. “2012”)



- All Conferences.com
 - Website: <http://www.allconferences.com/Health/>
 - Search term “palliative”

Canadian Annual Conferences:

- Canadian Grief and Bereavement Conference
 - Website: <http://www.griefconference.org/>
- BC Hospice Palliative Care Association Conference
 - Website: <http://www.hospicebc.org/news-events>

- Bereavement Ontario Network Annual Conference
 - Website: <http://www.bereavementontarionetwork.com/pages/conference>
- Lakehead University Centre for Education and Research on Aging & Health Bi-Annual Palliative Care Conference
 - Website: <http://cerah.lakeheadu.ca/palliative-care/>
- Lakeridge Health Annual Hospice Palliative Care Conference
 - Website: <http://www.lakeridgehealth.on.ca/index.php?id=AWV-40&navID=listMenuRootV>
- Regional Palliative Care Program in Edmonton Alberta: Annual Palliative Care Conference
 - Website: <http://www.palliative.org/PC/Edu/EducationIdx.html>
- Canadian Hospice Palliative Care Conference
 - Website: <http://conference.chpca.net/>
- Hospice & Palliative Care Manitoba Annual Provincial Conference
 - Website : <http://www.manitobahospice.ca/index.php?categoryID=1>
- Hospice Palliative Care Ontario Annual Conference
 - Website: <http://hpcconference.on.ca/>
- Congrès du Réseau de soins palliatifs du Québec
 - Website: see link on <http://www.aqsp.org/>
- Manitoba & Palliative Care Manitoba Provincial Conference
 - Website: see link on <http://www.manitobahospice.ca/>
- New Brunswick Hospice Palliative Care Association
 - Website: <http://www.nbhpcasnb.ca/conference.htm>
- Nova Scotia Hospice Palliative Care Association
 - Website: <http://www.nshpca.ca/confpast.php?item=2011>
- Saskatchewan Hospice Palliative Care Association Annual Conference
 - Website: <http://www.saskpalliativecare.org/shpcaconference.html>
- Paediatric Palliative Care Research Symposium
 - Website: see link on <http://www.sickkids.ca/index.html>

International Annual Conference:

- International Congress on Palliative Care
 - Website: <http://www.palliativecare.ca/en/index.html>

b) PEOLC Teaching Tools

i. Guest Speakers



- Contact your local/provincial association
 - Example: Hospice and Palliative Care Manitoba - Speaker lists available upon request (see website: <http://www.manitobahospice.ca/index.php?categoryID=14>)



- Contact a local network, organization, or local hospital:
 - Go to Google homepage: www.google.ca (or search engine of your choice)
 - Enter search terms: “palliative care,” “end-of-life,” or “hospice” and your province or region.
 - Use the “Contact Us” function on the webpage to call or send an e-mail asking about potential guest speakers

ii. Audio-Visual Teaching Aids

*NOTE: Check with your university about copyright regulations before using audio-visual resources in teaching material

- ABC News
 - Website: <http://abcnews.go.com> (search “palliative,” “hospice,” or “end-of-life”)
 - Example Resource: “The Power of Palliative Care”
- Canadian Virtual Hospice
 - Website: http://www.virtualhospice.ca/en_US/Main+Site+Navigation/Home.aspx (search “video”)
 - Example Resource: link to “Palliative Medicine: Care versus Cure?”
- CBC News
 - Website: <http://www.cbc.ca/news/canada/> (search “palliative”)
 - Example Resource: “Palliative care: fighting to survive”
- Centre to Advance Palliative Care
 - Website: <http://www.capc.org/support-from-capc/capc-videos/>
 - Example Resource: “Palliative Care in the News”
- Compassion and Support at the End of Life
 - Website: http://www.compassionandsupport.org/index.php/resource_directory/compassion_and_support_video_library
 - Example Resource: “Community Conversations on Compassionate Care”

- Get Palliative Care.org
 - Website: <http://www.getpalliativecare.org/videos>
 - Example Resource: “Early Palliative Care: Improving Quality of Life”
- Google Videos
 - Website: <http://video.google.ca/?hl=en&tab=vw> or <http://www.google.ca/> and click on “videos” (search “palliative,” “hospice,” “end of life care”, etc.)
 - Example Resource: “How to Talk End-of-Life Care with a Dying Patient”
- International Association for Hospice and Palliative Care
 - Website: <http://www.hospicecare.com/Bookstore/video/index.htm>
 - Example Resource: “A Conspiracy of Silence: Helping the Patient and Family Live with Terminal Illness” (*videos for purchase)
- Liberal Senate Forum
 - Website: <http://www.liberalsenateforum.ca/Liberal-Team/Video>
 - Example Resource: “Celebrating the Continuing Journey – Palliative Care Policy Development in Canada”
- Life & Death Matters
 - Website: <http://www.lifeanddeathmatters.ca/Instructional-Media/videos-in-hospice-palliative-care.html>
 - Example Resource: “Boundaries and Self-Care” (*videos for purchase, preview for free)
- Memorial University - Nursing Education Resources
 - Website: <http://www.uccs.mun.ca/~dwestera/index.html>
 - Example Resource: “Spirituality in Palliative Care”
- National Institute of Health - MedlinePlus
 - Website: <http://www.nlm.nih.gov/medlineplus/> (search “palliative”)
 - Example Resource: “Palliative Care is Different from Hospice”
- Oregon Health & Science University
 - Website: <http://www.ohsu.edu/xd/education/continuing-education/center-for-ethics/comfort-care-education/continuing-education/video.cfm>
 - Example Resource: “Palliative Care Assessment Video”
- Pallium Project – Hospice Palliative Care Insights
 - Website: <http://www.palliativeinsight.net/>
 - Example Resource: “Supporting the Bereaved Through the Holiday Season” (podcast)
- South West End-of-Life Care Network:
 - Website: <http://thehealthline.ca/palliativecare/index.aspx?id=70>
 - Example Resource: “203 Days” (*some videos are free, some are for purchase)
- The Centre for Palliative Care Education
 - Website: <http://depts.washington.edu/pallcare/training/video.shtml>
 - Example Resource: videos with recommended discussion questions (e.g. “Respecting the Spiritual Experience of Dying Patients”)

- The Initiative for Paediatric Palliative Care
 - *Website:* <http://www.ippcweb.org/video.asp>
 - *Example Resource:* “Part One: Speaking the Same Language” (*videos for purchase)
- TVO.org
 - *Website:* <http://www.tvo.org/TVO/WebObjects/TVO.woa> (use search box for term “palliative”)
 - *Example Resource:* “End of life comfort: Palliative Care Specialist Dr. Marissa Slaven and the importance of tending to the dying.”
- YouTube
 - *Website:* <http://www.youtube.com/>
 - Use search box for terms “palliative,” “end-of-life,” “hospice,” etc.
 - *Example Resource:* “Integrated Palliative Care PEI” - http://www.youtube.com/watch?v=O3gO_qYXuQk

iii. Textbooks and Other Books



- General Search:
 - Google search
 1. Go to Google homepage: www.google.ca (or search engine of your choice)
 2. Enter search term “palliative care,” “end-of-life” or “hospice” plus “textbooks” or “books”

- Amazon.com
 - *Website:* <http://www.amazon.ca/>
 - *Search Notes:* option to search exclusively for textbooks or search all available books; after searching for a general term such as “palliative” in the title, the search can be further narrowed by selecting “Medicine” and from the resulting list “Nursing”
 - *Example:* “Nursing Care at the End of Life: Palliative Care for Patients and Families” (Joyce Zerwekh, 2005)
- Canadian Virtual Hospice
 - *Website:* http://www.virtualhospice.ca/en_US/Main+Site+Navigation/Home.aspx
 - *Search Notes:* “Books, links and more” listed on the homepage, clicking there brings up a list of topics with recommended books and/or audio-visual resources
 - *Example:* “Long Goodbye: The Deaths of Nancy Cruzan” (Colby, 2003) (listed under “Ethics”)

- Chapters/Indigo
 - *Website:* <http://www.chapters.indigo.ca/books/>
 - *Search Notes:* general search of “palliative” retrieved a wide range of textbooks
 - *Example:* “Oxford Textbook of Palliative Care Nursing” (Ferrell & Coyle, 2010)
- Elsevier Nursing
 - *Website:* <http://www.elsevier.ca/Nursing>
 - *Search Notes:* “palliative care” is currently not listed as a nursing speciality, but can be searched as a keyword
 - *Example:* “Palliative and End of Life Care, An Issue of Nursing Clinics” (Mahon, 2010)
- Lippincott Williams & Wilkins
 - *Website:* <http://www.lww.com/>
 - *Search Notes:* search “palliative”
 - *Example:* “End-of-Life Care: A Nurse’s Guide to Compassionate Care” (Springhouse, 2006)
- PalliativeBooks.com
 - *Website:* <http://www.palliativebooks.com/index.php>
 - *Search Notes:* multiple categories to narrow search including “education and training” (“nursing” not listed)
 - *Example:* Teaching Palliative Care: A Practical Guide” (Jeffery, 2002)
- Palliative Care Matters
 - *Website:* <http://www.pallcare.info/> (select “books” from main menu)
 - *Search Notes:* search able to be narrowed from a list of sub-topics, including “nursing”
 - *Example:* “Palliative Care Nursing: Nurses & Patients in the Journey” (Perrin, 2011)
- Radcliffe Publishing
 - *Website:* <http://www.radcliffe-oxford.com/books/>
 - *Search Notes:* able to search by keyword (e.g. “palliative”)
 - *Example:* “Communication in Palliative Care” (Dunphy, 2011)
- Springer Publishing Company
 - *Website:* <http://www.springerpub.com/resources/Instructors/Nursing>
 - *Search Notes:* general search box of “palliative” returned useful results
 - *Example:* Palliative Care Nursing, Quality Care to the End of Life (Matzo & Sherman, 2009)

- The National Press
 - *Website:* <http://www.nap.edu/>
 - *Search Notes:* general search box of “palliative” returned useful, but not nursing-specific results
 - *Example:* “When Children Die: Improving Palliative and End-of-Life Care for Children and Their Families” (Field & Behrman, 2003)

Free Online Textbook:

- Palliative Care Guidelines
 - *Website:* <http://book.pallcare.info/>
 - *Description:* The site aims to offer up-to-date, evidence based information and guidance on professional aspects of palliative care. The information contained is designed to complement, not replace, the relationship between a patient and his/her own physician. Whilst much of the material will be universal, the website is based in the Wales, UK (United Kingdom) and may not reflect legal or other restrictions on practice in other countries.
 - *Overview:* major headings include physical symptoms & signs, physical disease, psychological & spiritual, medication, pathways & frameworks, reference, and formulary

Palliative Care Book Reviews:

- IAHPC (International Association for Hospice and Palliative Care) Palliative Care Book Reviews:
 - *Website:* <http://www.hospicecare.com/bookshop/hospice-palliative-care-book-reviews/index.html>
 - *Search Notes:* nursing-specific book reviews available, review includes publishing information, cost (as per Amazon.com), overview of chapters and topics, and features (e.g. patients’ stories, references to specific codes of conduct, etc.)

iv. Teaching & Training Tools

Teaching & Training Search Tool:



- To search for teaching training or tools for palliative and end-of-life care:
 1. Go to Google homepage: www.google.ca (or other search engine of your choice)
 2. Enter search term “teaching end-of-life care” or “teaching palliative care”

- Centre to Advance Palliative Care: “Education Techniques in Palliative Care”
 - *Website:* <http://campus.capc.org/PalliativeCareCourses/EducationTechniquesinPalliativeCare>
 - *Description:* Health professional education is a common strategy for increasing palliative care referrals. Education requires careful planning and execution to meet the needs of learners and objectives of the palliative care program. Participants of this course will utilize worksheets and a sample lesson plan to design an education program suitable for health professionals within their clinical setting.
 - *Format:* online, cost \$35

- Palliative.info: Manitoba Palliative Care Teaching Material
 - *Website:* <http://palliative.info/pages/TeachingMaterial.htm>
 - *Description:* These presentations and other documents are offered here for unrestricted public use. They may be edited as you wish, and although we do not require or expect that acknowledgement of their source be given, such acknowledgment is appreciated when material is used without editing or modification.
 - *Format:* list of presentations arranged by topic (e.g. general information, pain management, communication, delirium, etc.)

- Education Future Physicians in Palliative and End-of-Life Care
 - *Website:* <http://www.afmc.ca/efppecc/pages/main.html>
 - *Description:* The module is an interprofessional education module intended for formal caregivers and undergraduate and postgraduate students in the health professionals. It has been produced in an interprofessional approach for an audience which includes health care professionals such as physicians, nurses, social workers, spiritual advisors, and trained volunteers for palliative care services.
 - *Format:* curriculum and teacher’s guide available for download from the website for free

- Teaching Journals:
 - *Clinical Simulation in Nursing*
 - *Website:* <http://www.nursingsimulation.org/>
 - *International Journal of Nursing Education Scholarship*
 - *Website:* <http://www.bepress.com/ijnes/>
 - *Journal of Nursing Education*
 - *Website:* <http://www.slackjournals.com/jne>
 - *Nurse Education in Practice*
 - *Website:* http://www.elsevier.com/wps/find/journaldescription.cws_home/623062/description#description
 - *Nursing Education Perspectives*
 - *Website:* <http://www.nlnjournal.org/>

Section 3: Competency-Specific Resources

a) Competency 1

Competency I: Uses requisite relational skills to support decision making and negotiate modes of palliative and end-of-life care on an ongoing basis.

Database Search Strategies

Database	Search Terms		
	General	(+/-) Nursing Education	Competency I: Communication
	Palliative Care Nursing		
AMED	“palliative care” “terminal care” “end of life care” (keyword search) “nursing care” “palliative care nursing” (keyword search)	“education, nursing” “teaching” “learning” “clinical teaching” (keyword search)	“communication” “decision making” “patient centered care” “patient education” “referral and consultation” “informed consent” “patient rights” (keyword search) “family centered care” (keyword search)
CINAHL	“palliative care” “terminal care” “terminally ill patients” “end of life care” (keyword search) “hospice and palliative nursing” “holistic nursing” “nursing practice, evidence-based” “nursing care”	“education, nursing” “curriculum” “education, clinical” “learning environment, clinical” “learning methods” “teaching” “education research” “students, nursing”	“communication” “decision-making” (includes patient, family, advanced care planning, clinical, support techniques, and dissent and disputes) “family centred care” “patient centered care” “patient education” “consent” “patient rights” “referral” “consultation”
Cochrane	“palliative care” “end of life care” “terminal care” (search above terms in title, abstract, or keywords) “nursing” (search above term in	“nursing students” “learning” (search above terms in title, abstract, or keywords)	“patient education” “decision-making” “consent” “patient rights” (search above terms in title, abstract, or keywords)

	title, abstract, or keywords)		
Embase	<p>“palliative therapy” “terminal care” (includes end of life and hospice care) “attitude to death”</p> <p>“evidence-based nursing” “hospice nursing” “holistic nursing” “palliative care nursing” (keyword search)</p>	<p>“nursing education” “nursing student” “curriculum” “education program” “teaching”</p>	<p>“interpersonal communication” “patient education” “decision making” “medical information” “patient right” “patient care planning” “nurse patient relationship” “patient referral” (includes consultation)</p>
Medline	<p>“palliative care” “terminal care” “end of life care” (keyword search)</p> <p>“evidence-based nursing” “holistic nursing” “palliative care nursing” (keyword search)</p>	<p>“education, nursing” “curriculum” “teaching” “students, nursing”</p>	<p>“nurse-patient relations” “professional-family relations” “decision-making” “patient-care planning” “communication” “patient education as topic” “referral and consultation” “consent” “patient rights” “family-centred care” (keyword search)</p>

Example Findings:

Dunne, K. (2005, December). Effective communication in palliative care. *Nursing Standard*, 20(13), 57-54.

Griffie, J., Nelson-Marten, P., & Muchka, S. (2004, January). Acknowledging the ‘elephant’: communication in palliative care: Speaking the unspeakable when death is imminent. *American Journal of Nursing*, 104(1), 48-57.

Ronsen, A. & Hanssen, I. (2009, October). Communication in palliative care: Philosophy, teaching approaches, and evaluation of an educational program for nurses. *Nurse Education Today*, 29(7), 791-795.

Websites

Search Tool:



- To search for online resources related to communication:
 - Go to www.google.ca
 - Search using phrases such as “discussing end-of-life care with your patients,” “communication in palliative care,” “therapeutic communication palliative care,” “end-of-life decision-making,” “Haight’s life review and experience form,” “teaching end-of-life communication,” etc.

- Advanced Care Planning
 - *Website:* <http://www.advancecareplanning.ca/home.aspx>
 - *Resources:* tools to create a plan for end-of-life care
- Hôpital Général Juif – “Creating Hope in a Hopeless Situation”
 - *Website:* <http://www.jgh.ca/uploads/PatientVisitor/creerdlespoir.pdf>
 - *Resource:* guide to communicating with patients about their end-of-life wishes
- International Association for Hospice & Palliative Care: Manual of Palliative Care
 - *Website:* <http://www.hospicecare.com/manual/IAHPCmanual.htm> or go to <http://www.hospicecare.com> and click on the manual listed under “Publications”
 - *Resource:* manual covers multiple palliative care topics, including a section on “Communication with Patients”
- Ontario Ministry of Health and Long-Term Care – “End of Life Decision Making”
 - *Website:* http://www.health.gov.on.ca/english/providers/program/critical_care/ccs_resources/pdf/sah_eol_learn.pdf
 - *Resource:* free online package covering key elements of decision-making
- Palliative.info – Manitoba Palliative Care Teaching Material
 - *Website:* <http://palliative.info/pages/TeachingMaterial.htm>
 - *Resource:* presentations listed under “communication” for use/adjustment and use by the public
- University of Toronto: Ian Anderson Continuing Education Program in End-of-Life Care
 - *Website:* <http://www.cme.utoronto.ca/endoflife/default.htm>
 - *Resources:* modules 4 and 5 of the program focus on “End-of-Life Decision Making” and “Communication with Patients and Families”, respectively, and can be downloaded for free (link to modules: <http://www.cme.utoronto.ca/endoflife/Modules.htm>)

Workshop

- Communication Skills: Therapeutic Conversations at the End of Life
 - *Website:* http://www.hospice.on.ca/ho_education.php#communication
 - *Sponsor:* Hospice Association of Ontario
 - *Overview:* The content of this course focuses on developing communication skills so that interdisciplinary staff can relate to residents, families and each other in a more understanding, respectful, open and direct way when dealing with end-of-life issues. There will be a sound body of theoretical knowledge, appropriate models and opportunities for personal experiencing.

Audio-Visual Teaching Aides

- YouTube
 - *Website:* <http://www.youtube.com/>
 - *Search Terms:* “communication in palliative care,” “empathy in palliative care,” “end-of-life decision-making,”
 - *Example Resources:* “Aboriginal (Canada) Palliative Care – Communication & Relationship Building,”
- Google Videos
 - *Website:* <http://video.google.ca/?hl=en&tab=vw>
 - *Search Terms:* “communication in palliative care,”
 - *Example Resources:* “Practical, team-based palliative care discussion video (pallium.ca)”

b) Competency 2

Competency 2: Demonstrates knowledge of grief and bereavement to support others from a cross-cultural perspective.

Database Search Strategies

Database	Search Terms	
	General Palliative Care Nursing (+/-) Nursing Education	Competency 2: Grief and Bereavement
AMED	<p>General: “palliative care” “terminal care” “end of life care” (keyword search)</p> <p>Nursing Specific: “nursing care” “palliative care nursing” (keyword search)</p>	<p>“education, nursing” “teaching” “learning” “clinical teaching” (keyword search)</p> <p>“bereavement” “stress, psychological” “grief interventions” (keyword search) “loss” (keyword search) “spirituality and grief” (keyword search) “culture and grief” (keyword search) “grief symptoms” (keyword search) “grief support” (keyword search) “family grief” (keyword search)</p>
CINAHL	<p>General: “palliative care” “terminal care” “terminally ill patients” “end of life care”(keyword search)</p> <p>Nursing Specific: “hospice and palliative nursing” “holistic nursing” “nursing practice, evidence-based” “nursing care”</p>	<p>“education, nursing” “curriculum” “education, clinical” “learning environment, clinical” “learning methods” “teaching” “education research” “students, nursing”</p> <p>“bereavement” “loss” “grief counselling” “religion and grieving” “culture and grieving” “grief support” “therapeutic presence” “grief assessment” “grief symptoms” “grief theories” “support, psychosocial” “stress, psychological” “grief measurement” (keyword search)</p>
Cochrane	<p>General: “palliative care” “end of life care” “terminal care” (search above terms in title, abstract, or keywords)</p>	<p>“nursing students” “learning” (search above terms in title, abstract, or keywords)</p> <p>“bereavement” “loss” “psychosocial support” “psychological stress” (search above terms in title, abstract, or keywords)</p>

	Nursing Specific: “nursing” (search above term in title, abstract, or keywords)		
Embase	General: “palliative therapy” “terminal care” (includes end of life and hospice care) Nursing Specific: “evidence based nursing” “hospice nursing” “holistic nursing” “palliative care nursing” (keyword search)	“nursing education” “nursing student” “curriculum” “education program” “teaching”	“bereavement” “grief” “bereavement counselling” “attitude to death” “distress syndrome” “emotional distress” “culture and grief” (keyword search) “spirituality and grief” (keyword search) “grief support” (keyword search) “grief interventions” (keyword search) “grief measurement” (keyword search)
Medline	General: “palliative care” “terminal care” “end of life care” (keyword search) Nursing Specific: “evidence-based nursing” “holistic nursing” “palliative care nursing” (keyword search)	“education, nursing” “curriculum” “teaching” “students, nursing”	“bereavement” “stress, psychological” “religion and psychology” “loss” (keyword search) “grief support” (keyword search) “grief theory” (keyword search) “therapeutic presence” (keyword search) “grief symptoms” (keyword search)

Example Findings:

Aho, A.L., Astedt-Kurki, P., Tarkka, M., & Kaunonen, M. (2011, February). Development and implementation of a bereavement follow-up intervention for grieving fathers: An action research. *Journal of Clinical Nursing, 20*(3-4), 408-419.

Holloway, M. (2006, July). Death of the great leveller? Towards a transcultural spirituality of dying and bereavement. *Journal of Clinical Nursing, 15*(7), 833-839.

Holtlander, L.F. (2008, January-February). Ways of knowing hope: Carper’s fundamental patterns as a guide for hope research with bereaved palliative caregivers. *Nursing Outlook, 56*(1), 25-30.

Iranmanesh, S., Hosseini, H., & Esmaili, M. (2001, March-April). Evaluating the “good death” concept from Iranian bereaved family member’s perspective. *The Journal of Supportive Oncology, 9*(2), 59-63.

Pearson, H. (2010, September). Managing the emotional aspects of end of life care for children and young people. *Paediatric Nursing*, 22(7), 31-35.

Stajduhar, K., Martin, W., & Cairns, M. (2010, September). What makes grief difficult? Perspectives from bereaved family caregivers and healthcare providers of advanced cancer patients. *Palliative & Supportive Care*, 8(3), 277-289.

Journals

○ *Bereavement Care*

- *Website:* <http://www.tandfonline.com/toc/rber20/current>
- *Access:* FREE online access
- *Aims & Scope:* *Bereavement Care* has grown to become a unique international journal that sets a high academic and scientific standard while remaining accessible to non-academics and non-scientists. Our readers include both volunteers and professionals, from many parts of the world, who work to help bereaved people of all races and creeds. It is their need for reliable and digestible information about all aspects of bereavement that remains our *raison d'être*. The journal contains original papers, articles, reviews and correspondence on all aspects of the care of people bereaved by death. The editors welcome contributions on the needs of people from different cultures, religions and philosophies. Personal experiences and case reports that add something new to our understanding have a place alongside reports of research and innovations in service and theory.

○ *Death Studies*

- *Website:* <http://www.tandf.co.uk/journals/titles/07481187.asp>
- *Access:* subscription required, may be accessible free through academic libraries
- *Aims & Scope:* Now published ten times each year, this acclaimed journal provides refereed papers on significant research, scholarship, and practical approaches in the fast growing areas of bereavement and loss, grief therapy, death attitudes, suicide, and death education. It provides an international interdisciplinary forum in which a variety of professionals share results of research and practice, with the aim of better understanding the human encounter with death and assisting those who work with the dying and their families.

○ *Grief Matters: The Australian Journal of Grief and Bereavement*

- *Website:* http://www.grief.org.au/resources/grief_matters
- *Access:* subscription required, may be accessible free through academic libraries
- *Aims & Scope:* The journal *Grief Matters: The Australian Journal of Grief and Bereavement* has been published by the Australian Centre for Grief and Bereavement since 1998, and encompasses both academic and applied aspects of grief and bereavement. The journal will be of great benefit to mental health practitioners, tertiary institutions, teaching organisations and occupations related to loss and grief.

- *Illness, Crisis, and Loss*
 - **Website:** <http://www.baywood.com/journals/previewjournals.asp?id=1054-1373>
 - **Access:** subscription required, may be accessible free through academic libraries
 - **Aims & Scope:** *Illness, Crisis & Loss* is the resource that furthers your understanding and knowledge of the psychosocial and ethical issues associated with life-threatening illness, traumatic human crises, grief, and loss. The broad focus of the journal makes it relevant to a wide range of professionals and scholars, such as grief counselors, therapists, social workers, thanatologists, physicians and nurses, medical ethicists, and anyone else who works with people in crisis situations. *Illness, Crisis & Loss* publishes peer-reviewed articles, book reviews, and essays on psychological and ethical issues associated with life-threatening illnesses, traumatic human crises, grief, and loss. Through editorials, interviews, and commentaries, you will also discover the latest thinking on the most pressing ethical and psychosocial issues from those working on the frontlines.

- *Journal of Religion, Spirituality, & Aging* (pre-2004, *Journal of Religious Gerontology*)
 - **Website:** <http://www.tandfonline.com/loi/wrsa20>
 - **Access:** FREE online access
 - **Aims & Scope:** The *Journal of Religion, Spirituality and Aging* is an interdisciplinary, interfaith professional journal in which the needs, aspirations, and resources of aging constituencies come clearly into focus. Combining practical innovation and scholarly insight, the peer-reviewed journal offers timely information and probing articles on such subjects as long-term care for the aging, support systems for families of the aging, retirement, counseling, death, ethical issues, and more. Providing a crucial balance between theory and practice, the journal informs secular professionals – administrators, counselors, nurses, physicians, recreational rehabilitative therapists, and social workers – about developments in the field of Religion, Spirituality, and Aging. The journal also serves as a resource for religious professionals, such as pastors, religious educators, chaplains, and pastoral counselors who work with aging people and their families.

- *Journal of Social Work in End-of-Life & Palliative Care* (pre-2005, *Loss, Grief, & Care*)
 - **Website:** <http://www.tandfonline.com/loi/wzlg20>
 - **Access:** FREE online access
 - **Aims & Scope:** Original research and conceptual articles explore issues crucial to individuals with serious, life-threatening, and life-limiting illness and their families across the lifespan. The focus includes, but is not limited to, the following areas: inter-professional practice and research; practice and policy innovations; practice evaluation; end-of-life communication and decision making; pain management and palliative care; grief and bereavement; ethical issues; sudden traumatic death; secondary trauma and compassion fatigue among professional caregivers. Topics addressed may cover a range of health and mental health community practice settings. The “Reflections” section of the journal is dedicated to using creative writing to give voice to the personal impact of end-of-life and palliative care in clinical practice, community organizing, policy practice, research, and education. Content is accepted in three forms: poetry, essays, and case studies.

Associations

- Canadian Mental Health Association
 - *Website:* <http://www.cmha.ca/bins/index.asp>
 - *Mission:* As a nation-wide, voluntary organization, the Canadian Mental Health Association promotes the mental health of all and supports the resilience and recovery of people experiencing mental illness. The CMHA accomplishes this mission through advocacy, education, research and service.
 - *Online Resources:* list of books on grief, article on stages of grief, and resources for grief after suicide (use search box to find articles on “bereavement,” “grief,” and “loss”)

- Canadian Psychological Association
 - *Website:* <http://www.cpa.ca/>
 - *Mission:* (1) To improve the health and welfare of all Canadians; (2) To promote excellence and innovation in psychological research, education, and practice; (3) To promote the advancement, development, dissemination, and application of psychological knowledge; and (4) To provide high-quality services to members
 - *Online Resources:* articles on adult and paediatric grief, end-of-life grieving, etc. (use search box to find articles on “grief”)

- Grief Nova Scotia
 - *Website:* <http://griefns.com> (new website currently under construction)
 - *Mission:* (1) Increase and facilitate province-wide access to Grief Services; (2) Create an atmosphere of professional collegiality and practice excellence; (3) Provide Grief and Bereavement promotion and education; (4) Each year Grief NS elects a 12 member Working Group to actively engage our three goals and organize our annual Bereavement Congress.
 - *Online Resource:* details about annual conference, newsletters, related links, etc.

Networks

- Bereavement Ontario Network
 - *Website:* <http://www.bereavementontarionetwork.com/>
 - *Mission:* (1) To encourage information sharing and networking among individuals and organizations who come in touch with grief, bereavement and mourning. (2) To increase public awareness of issues of death, dying, and bereavement issues. (3) To identify service gaps on a regional basis and encourage service provision through advocacy and support. And (4) To support the members of Bereavement Ontario Network and their goals and activities.
 - *Online Resources:* details about annual conference, newsletter (for members), and directory of members and regional representatives

Websites



- To search for online resources/websites related to grief and bereavement:
 - Go to www.google.ca
 - Search using phrases such as “assessing grief,” “family grief assessment,” “grief theories and models,” “signs and symptoms of grief,” “spirituality and grief,” “culture and grief,” “influences on grief,” “supporting grief,” “teaching grief and bereavement,” “grief and bereavement” + your province, etc.

- Australian Government Department of Health and Aging: A Systematic Review of the Literature on Complicated Grief
 - *Website:* <http://www.health.gov.au/internet/main/publishing.nsf/Content/palliativecare-pubs-rsch-grief>
 - *Resource:* includes definitions, measures, risk factors, interventions, and recommendations (reviewed English, peer-reviewed articles from 1990-2005)

- British Columbia Ministry of Health – BC Guidelines.ca
 - *Website:* http://www.bcguidelines.ca/submenu_palliative.html
 - *Resource:* guidelines, assessment tools/questionnaires, and patient handouts for grief and distress (“Palliative Care for the Patient with Incurable Cancer or Advanced Disease – Part 3: Grief and Distress”)

- Cancer.net: Understanding Grief Within a Cultural Context
 - *Website:* <http://www.cancer.net/patient/Coping/Grief+and+Bereavement/Grief+Among+Cultures>
 - *Resource:* overview of points on which cultures differ in the care of an individual pre- and post-mortem

- City of Hope Pain & Palliative Care Resource Centre: Guidelines for the Assessment of Bereavement Risk in Family Members of People Receiving Palliative Care
 - *Website:* <http://prc.coh.org/BereavGuidelines.pdf>
 - *Resource:* overview of assessment, guidelines, grief and bereavement theories, etc.

- eMentalHealth.ca
 - *Website:* <http://www.ementalhealth.ca/>
 - *Resource:* select “grief and bereavement” from “A-Z Mental Health Topics and Conditions”, able to search for resources by province

- National Centre for Gerontological Social Work Education
 - *Website:* <http://www.cswe.org/>
 - *Resource:* (search “grief module” using search box) PowerPoint presentations (“Grief & Loss” and “Grief, Loss, & Bereavement in Older Adults”) and teaching notes on grief and loss, including case studies and questions

- Toolkit of Instruments to Measure End-of-Life Care
 - *Website:* <http://www.chcr.brown.edu/pcoc/toolkit.htm>
 - *Resources:* annotated bibliography of tools in various end-of-life domains including grief and bereavement (includes list of tools and brief descriptions)

Conferences

- Canadian Grief and Bereavement Conference
 - *Website:* <http://www.griefconference.org/>
- Grief Nova Scotia Annual Congress
 - *Website:* http://griefns.com/?page_id=390
- Ontario Bereavement Network
 - *Website:* <http://www.bereavementontarionetwork.com/pages/conference>

Audio-Visual Teaching Aides

- YouTube
 - *Website:* <http://www.youtube.com/>
 - *Search Terms:* “grief and bereavement,” “grief counselling,” “grief and palliative care,” etc.
 - *Example Resources:* “When to treat grief and bereavement,” “Supporting someone who is grieving – palliative care,” “What is grieving like for Aboriginal people? – palliative care,” etc.
- Google Videos
 - *Website:* <http://video.google.ca/?hl=en&tab=wv>
 - *Search Terms:* “grief and bereavement,” “grief counselling,” “bereavement care,” etc.
 - *Example Resources:* “How to identify the stages of grief,” “Reactions to grief in men and women,” etc.
- Australian Centre for Grief and Bereavement
 - *Website:* <http://www.grief.org.au/resources/products>
 - *Resources:* list of books and DVDs (for purchase) on grief

c) Competency 3

Competency 3: Demonstrates knowledge and skill in holistic, family-centered nursing care of persons at end-of-life who are experiencing pain and other symptoms.

Database Search Strategies

Database	Search Terms		
	<u>General</u>	<u>Competency 3:</u>	
	Palliative Care Nursing	(+) Nursing Education	Pain & Symptom Management
AMED	General: “palliative care” “terminal care” “end of life care” (keyword search) Nursing Specific: “nursing care” “palliative care nursing” (keyword search)	“education, nursing” “teaching” “learning” “clinical teaching” (keyword search)	“symptoms” “pain” “fatigue” “nausea” “vomiting” “dyspnea” “constipation” “disease management” “delirium” (keyword search) “spiritual pain” (keyword search)
CINAHL	General: “palliative care” “terminal care” “terminally ill patients” “end of life care” (keyword search) Nursing Specific: “hospice and palliative nursing” “holistic nursing” “nursing practice, evidence-based” “nursing care”	“education, nursing” “curriculum” “education, clinical” “learning environment, clinical” “learning methods” “teaching” “education research” “students, nursing”	“pain” “constipation” “delirium” “dyspnea” “nausea” “vomiting” “fatigue” “symptoms” (search above with subheading “prevention and control” to narrow search results) “pain” (search with subheadings “drug therapy” and “evaluation”) “pain measurement” “emotional pain” (keyword search) “spiritual pain” (keyword search) “symptom management” (keyword search)

<p>Cochrane</p>	<p>General: “palliative care” “end of life care” “terminal care” (search above terms in title, abstract, or keywords)</p> <p>Nursing Specific: “nursing” (search above term in title, abstract, or keywords)</p>	<p>“nursing students” “learning”</p> <p>(search above terms in title, abstract, or keywords)</p>	<p>“pain” “constipation” “nausea” “vomiting” “fatigue” “dyspnea” “delirium” “symptom management”</p>
<p>Embase</p>	<p>General: “palliative therapy” “terminal care” (includes end of life and hospice care)</p> <p>Nursing Specific: “evidence based nursing” “hospice nursing” “holistic nursing” “palliative care nursing” (keyword search)</p>	<p>“nursing education” “nursing student” “curriculum” “education program” “teaching”</p>	<p>“pain assessment”</p> <p>Search using subheadings “disease management,” “drug therapy,” “prevention,” and “therapy”: “pain” “fatigue” “cancer fatigue” “delirium” “dyspnea” “constipation” “nausea” “vomiting”</p>
<p>Medline</p>	<p>General: “palliative care” “terminal care” “end of life care” (keyword search)</p> <p>Nursing Specific: “evidence-based nursing” “holistic nursing” “palliative care nursing” (keyword search)</p>	<p>“education, nursing” “curriculum” “teaching” “students, nursing”</p>	<p>“pain measurement”</p> <p>Search using subheading “prevention and control”: “constipation” “delirium” “fatigue” “dyspnea” “nausea” “vomiting”</p> <p>“pain” (subheadings “drug therapy,” “prevention & control,” and “therapy”)</p> <p>Keyword search: “symptom management” “emotional pain” “spiritual pain” “psychological pain”</p>

Example Findings:

- Black, P., Boore, J.R.P., & Parahoo, K. The effect of nurse-facilitated family participation in the psychological care of the critically ill patient. *Journal of Advanced Nursing*, 67(5), 1091-1101.
- Bookbinder, M. & McHugh, M.E. (2010, September). Symptom management in palliative care and end of life care. *Nursing Clinics of North America*, 45(3), 271-327.
- Collins, S., del Vogel-Voogt, E., Visser, A., van de Heide, A. (2008, July). Presence, communication, and treatment of fatigue and pain complaints in incurable cancer. *Patient Education & Counseling*, 72(1), 102-108.
- Martin, D.E.K. (2011, May-June). Palliation of Dyspnea in Patients with Heart Failure. *Dimensions of Critical Care Nursing*, 30(3), 144-149.
- Mularski, R.A., et al. (2009, May). Pain management within the palliative and end-of-life care experience in the ICU. *Chest*, 135(5), 1260-1369.
- Oxberry, S.G. & Lawrie, I. (2009, April). Symptom control and palliative care: Management of breathlessness. *British Journal of Hospital Medicine*, 70(4), 212-216.

Journals

- *Acta Anaesthesiologica Scandinavica*
 - *Website:* <http://www.wiley.com/bw/journal.asp?ref=0001-5172>
 - *Access:* some FREE issues/sections, most articles require a subscription but may be accessible free through academic libraries
 - *Aims & Scopes:* *Acta Anaesthesiologica Scandinavica* publishes papers on original work in the fields of anaesthesiology, intensive care, pain, emergency medicine, and subjects related to their basic sciences, on condition that they are contributed exclusively to this Journal. Case reports and short communications may be considered for publication if of particular interest; also letters to the Editor, especially if related to already published material. The editorial board is free to discuss the publication of reviews on current topics, the choice of which, however, is the prerogative of the board. Every effort will be made by the Editors and selected experts to expedite a critical review of manuscripts in order to ensure rapid publication of papers of a high scientific standard.

- *Anaesthesia*
 - *Website:* <http://www.wiley.com/bw/aims.asp?ref=0003-2409&site=1>
 - *Access:* some FREE issues/sections, most articles require a subscription but may be accessible free through academic libraries
 - *Aims & Scope:* *Anaesthesia* is the official journal of the Association of Anaesthetists of Great Britain and Ireland and is international in scope and comprehensive in coverage. It publishes original, peer-reviewed articles on all aspects of general and regional anaesthesia, intensive care and pain therapy, including research on equipment. Review articles up to 10,000 words, special articles, case reports and historical notes are

welcome. Also published are editorials, book reviews and obituaries of eminent anaesthetists; there is an active correspondence section in each issue.

○ *Anesthesia & Analgesia*

- *Website:* <http://www.anesthesia-analgesia.org/>
- *Access:* subscription required, may be accessible free through academic libraries
- *Aims & Scope:* *Anesthesia & Analgesia* exists for the benefit of current and future patients under the care of health care professionals engaged in the disciplines broadly related to anesthesiology: perioperative medicine, critical care, and pain management. The Journal furthers the care of these patients by reporting the fundamental advances in the sciences of these clinical disciplines and by documenting the clinical, administrative, and educational advances that guide therapy.

○ *Anaesthesia and Intensive Care Medicine*

- *Website:* <http://www.anaesthesiajournal.co.uk/>
- *Access:* subscription required, may be accessible free through academic libraries
- *Aims & Scope:* *Anaesthesia and intensive care medicine*, an invaluable source of up-to-date information, with the curriculum of both the Primary and Final FRCA examinations covered over a three-year cycle. Published monthly, this ever-updating text book is an invaluable source for both trainee and experienced anaesthetists. The enthusiastic editorial board, under the guidance of two eminent and experienced series editors, ensures that *Anaesthesia and intensive care medicine* covers all the key topics in a comprehensive and authoritative manner. Articles now include 'learning objectives' and each issue features MCQs, facilitating self-directed learning and enabling readers at all levels to test their knowledge. Each issue is divided between basic scientific and clinical sections. The basic science articles include anatomy, physiology, pharmacology, physics and clinical measurement, while the clinical sections cover anaesthetic agents and techniques, assessment and perioperative management. Further sections cover audit, trials, statistics, ethical and legal medicine, and the management of acute and chronic pain.

○ *Anaesthesia and the Intensive Care Unit*

- *Website:* <http://www.aaic.net.au/>
- *Access:* some FREE issues/sections, most articles require a subscription but may be accessible free through academic libraries
- *Aims & Scope:* *Anaesthesia and Intensive Care* is an educational journal for those associated with anaesthesia, intensive care medicine and pain medicine, and a means by which individuals may inform their colleagues of their research and experience. The Journal presents original articles of scientific and clinical interest. *Anaesthesia and Intensive Care* is published by the Australian Society of Anaesthetists and is the official journal of the Australian Society of Anaesthetists, Australian and New Zealand Intensive Care Society and the New Zealand Society of Anaesthetists.

- *Acute Pain (1997-2009)*
 - *Website:* <http://www.acutepainjournal.com/>
 - *Access:* subscription required, may be accessible free through academic libraries
 - *Aims & Scope:* *Acute Pain* is a peer-reviewed international journal, and has a specific emphasis on the clinical presentation and treatment of acute pain, in particular the practical issues of organisation, techniques, safety and efficacy. The topics covered will reflect the multidisciplinary approach taken, making it the only journal devoted specifically to acute pain and its management. The journal covers all areas of acute pain management including: post-operative pain, post-traumatic pain and acute disease related pain.

- *British Journal of Anaesthesia*
 - *Website:* <http://www.bja.ac.uk/british-journal-of-anaesthesia/>
 - *Access:* subscription required, may be accessible free through academic libraries
 - *Aims & Scope:* The *BJA* is the leading European anaesthesia journal (Impact Factor 3.827) and the second highest ranked internationally. We publish peer reviewed original scientific articles relevant to any aspect of anaesthesia, critical care or pain management or to the basic sciences underpinning them. Each issue also contains at least one scientific review article and at least one editorial. The Editor-in-Chief is happy to consider case reports but these must demonstrate originality and genuine educational value if they are to achieve priority for publication.

- *Clinical Journal of Pain*
 - *Website:* <http://journals.lww.com/clinicalpain/pages/default.aspx>
 - *Access:* subscription required, may be accessible free through academic libraries
 - *Aims & Scope:* *The Clinical Journal of Pain* explores all aspects of pain and its effective treatment, bringing readers the insights of leading anesthesiologists, surgeons, internists, neurologists, orthopedists, psychiatrists and psychologists, clinical pharmacologists, and rehabilitation medicine specialists. This peer-reviewed journal presents timely and thought-provoking articles on clinical dilemmas in pain management; valuable diagnostic procedures; promising new pharmacological, surgical, and other therapeutic modalities; psychosocial dimensions of pain; and ethical issues of concern to all medical professionals. The journal also publishes Special Topic issues on subjects of particular relevance to the practice of pain medicine.

- *Current Pain and Headache Review (pre-2000, Current Pain Review)*
 - *Website:* <http://www.springer.com/medicine/journal/11916>
 - *Access:* subscription required, may be accessible free through academic libraries
 - *Aims & Scope:* The aim of this journal is to help the reader, by providing in a systematic manner, the views of experts on the current advances in the pain and headache field in a clear and readable form and by providing reviews which highlight the most important papers recently published from the wealth of original publications. We accomplish this aim by appointing major authorities in 12 major subject areas across the discipline to select topics to be reviewed by leading experts who can emphasize recent developments and highlight important papers published over the last year on their

topics. We also provide the reader with valuable web sites and the current news on pain.

○ *European Journal of Pain*

- *Website:* <http://www.europeanjournalpain.com/>
- *Access:* subscription required, may be accessible free through academic libraries
- *Aims & Scope:* The *European Journal of Pain* is an international multidisciplinary journal that aims to become a global forum on all major aspects of pain and its management. The journal differs from existing pain journals in its clinical and educational emphasis. Submissions from all over the world are welcome. Under the guidance of an international multidisciplinary Editorial Board, the journal publishes articles on clinical and basic research relevant to many medical specialities.

○ *Headache: The Journal of Head and Face Pain*

- *Website:* <http://www.headachejournal.org/view/0/index.html>
- *Access:* subscription required, may be accessible free through academic libraries
- *Aims & Scope:* *Headache: The Journal of Head and Face Pain* publishes original articles on all aspects of head and face pain including communications on clinical and basic research, diagnosis and management, epidemiology, genetics, and pathophysiology of primary and secondary headaches, cranial neuralgias, and pains referred to the head and face. Ten issues annually feature original research investigations, review articles, case reports, short communications, letters to the editor, and news items regarding AHS plus medicolegal and socioeconomic aspects of head pain. *Headache* is the official journal of the American Headache Society®.

○ *Internet Journal of Pain, Symptom Control, and Palliative Care*

- *Website:* <http://www.ispub.com/ostia/index.php?xmlFilePath=journals/ijpsp/front.xml>
- *Access:* FREE online access
- *Aims & Scope:* This is a peer-reviewed journal.

○ *Journal of Headache & Pain*

- *Website:* <http://www.springer.com/medicine/journal/10194>
- *Access:* FREE online access
- *Aims & Scope:* The *Journal of Headache and Pain* is a peer-reviewed, open access journal. It is specifically dedicated to researchers involved in all aspects of headache and related pain, including theory, methodology, clinical practice and care. The Journal's scope is broad, reflecting the wide application of scientific advances to every branch of headache and related pain management. Within a multidisciplinary perspective, the Journal covers headache and related pain syndromes in the following fields: genetics, neurology, internal medicine, clinical pharmacology, child neuropediatrics, anesthesiology, rheumatology, otology, dentistry, neurotraumatology, neurosurgery, psychiatry, pain management, and addiction.

○ *Journal of Musculoskeletal Pain*

- *Website:* <http://informahealthcare.com/loi/mup>
- *Access:* subscription required, may be accessible free through academic libraries
- *Aims & Scope:* For all professionals who attend patients with chronic muscle pain, the *Journal of Musculoskeletal Pain* provides you with needed resources for providing the expert care that these patients need. This journal serves as a central resource for the dissemination of information about fibromyalgia, myofascial pain, and other types of musculoskeletal pain. This includes: basic & clinical research; molecular biology; epidemiology; innovative opinion; psychology; anesthesiology; dentistry; neurology; orthopedics; pain management; neurophysiology; neuroanatomy; electrophysiology; therapeutics; medical biochemistry; pharmacology; psychiatry; rehabilitation; rheumatology.

○ *Journal of Pain*

- *Website:* <http://www.jpain.org/>
- *Access:* subscription required, may be accessible free through academic libraries
- *Aims & Scope:* *The Journal of Pain* publishes original articles related to all aspects of pain, including clinical and basic research, patient care, education, and health policy. Articles selected for publication in the *Journal* are most commonly reports of original clinical research or reports of original basic research. In addition, invited critical reviews, including meta analyses of drugs for pain management, invited commentaries on reviews, and exceptional case studies are published in the *Journal*. The mission of the *Journal* is to improve the care of patients in pain by providing a forum for clinical researchers, basic scientists, clinicians, and other health professionals to publish original research.

○ *Journal of Pain and Palliative Care Pharmacotherapy* (pre-2002: *The Hospice Journal* and the *Journal of Pharmaceutical Care in Pain & Symptom Control*)

- *Website:* <http://informahealthcare.com/page/Description?journalCode=ppc>
- *Access:* subscription required, may be accessible free through academic libraries
- *Aims & Scope:* *The Journal of Pain & Palliative Care Pharmacotherapy* is an interdisciplinary, peer-reviewed, quarterly publication that addresses advances in acute, chronic, and end-of-life symptom management. It is published both in print and electronically (online). Readers in environments that have institutional subscriptions have access to full text of each issue online. Inside you'll find original research, timely review articles, case reports, commentaries, book and media reviews, and articles on efficacy, safety, cost-effectiveness, availability, delivery systems, ethics, policy, philosophy, and other issues relevant to pharmacotherapy in the management of acute, chronic, and end-of-life pain and related symptoms. Readers are invited to submit letters to the Editor for publication consideration. The journal's interdisciplinary, international, 32-member Editorial Board includes leading clinicians, investigators and analysts from the disciplines of bioethics, medicine, nursing, pharmaceutical sciences, psychology, social work, and health care policy.

○ *Journal of Pain and Symptom Management*

- *Website:* <http://www.jpsmjournals.com/>
- *Access:* some FREE issues/sections, most articles require a subscription but may be accessible free through academic libraries
- *Aims & Scope:* *The Journal of Pain and Symptom Management* is an internationally respected, peer-reviewed journal and serves an interdisciplinary audience of professionals by providing a forum for the publication of the latest clinical research and best practices related to the relief of illness burden among patients afflicted with serious or life-threatening illness. The Journal has strongly supported both quantitative and qualitative research underpinning the evolving discipline of palliative care, including clinical trials of pain or symptom control therapies, epidemiology of phenomena related to life-threatening disease and end-of-life care, instrument development to enhance clinical assessment and facilitate investigation, and health services studies evaluating the outcomes of diverse therapeutic models. It also offers extensive coverage of clinical practice issues, publishing both systematic and narrative reviews, case series and case reports, and both special articles and columns that present important updates on topics as varied as the international diversity of palliative medicine, the economics of palliative care, and bioethics in end-of-life care.

○ *Korean Journal of Pain*

- *Website:* <http://www.epain.org/>
- *Access:* FREE online access
- *Aims & Scope:* *The Korean Journal of Pain*, the official journal of the Korean Pain Society founded in 1986, publishes original articles related to all aspects of pain, including clinical and basic research, patient care, education, and health policy. It is published quarterly in English. The mission of the Journal is to improve the care of patients in pain by providing a forum for clinical researchers, basic scientists, clinicians, and other health professionals. Circulation number per issue is 3,000. All or part of the Journal is indexed in KoreaMed, KoMCI Web, KoreaMed Synapse, and WPRIM (Western Pacific Regional Index Medicus). Publication of the Journal was supported by the Korean Federation of Science and Technology Societies Grant funded by the Korean Government (MEST).

○ *Pain*

- *Website:* <http://www.painjournalonline.com/>
- *Access:* subscription required, may be accessible free through academic libraries
- *Aims & Scope:* *PAIN* is the official journal of [The International Association for the Study of Pain® \(IASP\)](#). IASP publishes *PAIN* monthly and each issue includes original research on the nature, mechanisms, and treatment of pain. This peer-reviewed journal provides a forum for the dissemination of research in the basic and clinical sciences of multidisciplinary interest and is cited in *Current Contents* and *Index Medicus*.

- *Pain Management Nursing*
 - *Website:* <http://painmanagementnursing.org/>
 - *Access:* subscription required, may be accessible free through academic libraries
 - *Aims & Scope:* This peer-reviewed journal offers a unique focus on the realm of pain management as it applies to nursing. Original and review articles from experts in the field offer key insights in the areas of clinical practice, advocacy, education, administration, and research. Additional features include practice guidelines and pharmacology updates.

- *Pain Medicine*
 - *Website:* <http://www.wiley.com/bw/journal.asp?ref=1526-2375>
 - *Access:* subscription required, may be accessible free through academic libraries
 - *Aims & Scope:* *Pain Medicine* is a multi-disciplinary journal dedicated to pain clinicians, educators and researchers. This scholarly, indexed publication reflects the rapid growth in pain science and practice as well as the field's need for policy, ethical, and forensic commentary on pain and its management. Readers benefit from both cutting-edge original clinical research and scientific reviews. This is the respected clinical pain journal that gives you special sections on spine pain, aging, primary care, neuropathic pain, substance abuse/addiction, psychiatry/ psychology and brain neuroscience, translational research, ethics and forensic pain medicine, as well as case reports, reviews, clinical investigations, special articles on thematic topics, editorials and guest commentary. Several thematic supplements are published yearly.

- *Pain Physician*
 - *Website:* <http://www.painphysicianjournal.com/>
 - *Access:* FREE online access
 - *Aims & Scope:* *Pain Physician* is a bi-monthly journal, the official publication of the American Society of Interventional Pain Physicians (ASIPP). *Pain Physician* is a peer-reviewed, multi-disciplinary journal written by and directed to an audience of interventional pain physicians, clinicians and basic scientists with an interest in interventional pain management and pain medicine. *Pain Physician* presents the latest studies, research, and information vital to those in the emerging specialty of interventional pain management – and critical to the people they serve.

- *Pain Practice*
 - *Website:* [http://onlinelibrary.wiley.com/journal/10.1111/\(ISSN\)1533-2500](http://onlinelibrary.wiley.com/journal/10.1111/(ISSN)1533-2500)
 - *Access:* some FREE issues/sections, most articles require a subscription but may be accessible free through academic libraries
 - *Aims & Scope:* *Pain Practice*, the official journal of the World Institute of Pain, publishes international multidisciplinary articles on pain and analgesia that provide its readership with up-to-date research, evaluation methods, and techniques for pain management. Special sections including the Consultant's Corner, Images in Pain Practice, Case Studies from Mayo Clinic, Tutorials, and the Evidence-Based Medicine combine to give pain researchers, pain clinicians and pain fellows in training a systematic approach to continuing education in pain medicine.

○ *Pain Research and Management*

- *Website:* <http://www.canadianpainsociety.ca/en/publications.html>
- *Access:* subscription required, may be accessible free through academic libraries
- *Aims & Scope:* *Pain Research & Management* is the official journal of the Canadian Pain Society and serves as a major venue for the results of Canadian research, society guidelines and continuing medical education. This internationally recognized Journal contains peer-review material pertinent to specialists and general practitioners and addresses all aspects of the management of pain.

○ *Pain Research and Treatment*

- *Website:* <http://www.hindawi.com/journals/prt/>
- *Access:* FREE access online
- *Aims & Scope:* *Pain Research and Treatment* is a peer-reviewed, open access journal that publishes original research articles, review articles, and clinical studies in all aspects of pain and pain management.

○ *Practical Pain Management*

- *Website:* <http://www.practicalpainmanagement.com/>
- *Access:* FREE online access
- *Aims & Scope:* *Practical Pain Management* is the most prominent pain journal for practicing pain specialists, but it's also read by PCPs, rheumatologists, pediatricians, and emergency medicine specialists—in short, clinicians on the front lines of pain. *Practical Pain Management* was founded in 2000 and is written by pain experts and leaders in the field. It has a circulation of more than 46,000. From arthritis to migraine, multiple sclerosis to fibromyalgia, *Practical Pain Management* provides real-world clinical insights. Pain is complex and can be challenging to treat safely and effectively. *Practical Pain Management* helps clinicians navigate the latest research in pain to bring these benefits to their patients.

○ *Scandinavian Journal of Pain*

- *Website:* <http://www.scandinavianjournalpain.com/>
- *Access:* subscription required, may be accessible free through academic libraries
- *Aims & Scope:* *Scandinavian Journal of Pain* is the official journal of the New Scandinavian Association for the Study of Pain, and publishes high quality reports on original experimental and clinical pain research, observational studies, and educational case reports. To bring the readership up to date with focused reviews of appropriate topics of interest for clinicians and pain researchers.

○ *The Open Pain Journal*

- *Website:* <http://www.benthamscience.com/open/topainj/>
- *Access:* FREE access online
- *Aims & Scope:* *The Open Pain Journal* is an open access online journal, which publishes original full length, review, short research articles (letters), and guest edited single topic issues in all areas of pain research and pain medicine. *The Open Pain*

Journal, a peer-reviewed journal, aims to provide the most complete and reliable source of information on current developments in the field. The emphasis will be on publishing quality articles rapidly and freely available worldwide.

Associations

- Canadian Pain Society
 - *Website:* <http://www.canadianpainsociety.ca/en/>
 - *Mission:* (1) To foster and encourage research on pain mechanisms and pain syndromes and to help improve the management of patients with acute and chronic pain by bringing together the basic scientists and health professionals of various disciplines and backgrounds who have an interest in pain research and management. (2) To promote education and training in the field of pain. (3) To promote and facilitate the dissemination of new information in the field of pain. (4) To promote and sponsor regional scientific and educational meetings. (5) To encourage the adoption of a uniform classification, nomenclature, and definition regarding pain and pain syndromes. (6) To encourage the development of local, regional, and possibly even national and international data banks, and to encourage the development of a uniform records system, with respect to information relating to pain mechanisms, syndromes, and management. (7) To inform the general public of the results and implications of current research in the area of pain. (8) To advise national, regional, and local agencies and institutions on standards relating to the use of drugs, appliances, and other procedures in the therapy of pain. (9) To engage in such other activities as may be incidental to or in furtherance of the aforementioned purposes.
 - *Online Resources:* news releases, newsletter, sample patient scenarios for teaching, and related links
- Cancer Care Ontario
 - *Website:* <https://www.cancercare.on.ca/>
 - *Mission:* We will improve the performance of the cancer system by driving quality, accountability and innovation in all cancer-related services.
 - *Online Resources:* symptom management tools (listed under “CCO Toolbox”)
- International Association for the Study of Pain
 - *Website:* <http://www.iasp-pain.org//AM/Template.cfm?Section=Home>
 - *Mission:* IASP brings together scientists, clinicians, health care providers, and policy makers to stimulate and support the study of pain and to translate that knowledge into improved pain relief worldwide.
 - *Online Resources:* free access to books for download (including “Core Curriculum for Professional Education in Pain”) and newsletter “Pain: Clinical Updates”, and related links.
- Practical Pain Management
 - *Website:* <http://www.practicalpainmanagement.com/>

- *Mission:* In early 2011, Practical Pain Management launched an online patient and professional education portal. Drawing on the expertise of the journal's editors and authors, Practical Pain Management offers current, useful, and of course, practical information for patients living with chronic pain—and for the medical professionals who treat them.
 - *Online Resources:* overview of pain conditions, interventions, diagnostics, etc. and a section that lists all articles from the journal on hospice/palliative care
- World Institute of Pain (note: doctor-focused)
 - *Website:* <http://www.worldinstituteofpain.org/site/home.php>
 - *Mission:* WIP's mission is to bring together the most recognized experts in the field of pain medicine throughout the world for the advancement and standardization of interventional pain practice and the achievement of improved standards of care for pain patients.
 - *Online Resources:* list of educational DVDs, video library, and newsletter

Websites



- To search for online resources/websites related to pain and symptom management:
 - Go to www.google.ca
 - Search using phrases such as “palliative care fatigue,” “palliative care pain,” “palliative care dyspnea,” “palliative care constipation,” “palliative care delirium,” “palliative care symptom”

- British Columbia Ministry of Health – BC Guidelines.ca
 - *Website:* http://www.bcguidelines.ca/submenu_palliative.html
 - *Resource:* guidelines, assessment tools/questionnaires, and patient handouts for symptom management (“Palliative Care for the Patient with Incurable Cancer or Advanced Disease – Part 2: Pain and Symptom Management”)
- Fraser Health Hospice Palliative Care Symptom Guidelines
 - *Website:* http://www.fraserhealth.ca/professionals/hospice_palliative_care/
 - *Resource:* various symptoms listed including delirium/restlessness, bowel care, cough, fatigue, nausea and vomiting, terminal secretions/congestion, etc.
- North Cumbria Palliative Care – Clinical Guidelines
 - *Website:* <http://www.gp-palliativecare.co.uk/?c=clinical>
 - *Resource:* guidelines for constipation, pain control, lymphoedema, and breathlessness
- Palliative.org – “Bowel Care in Palliative Care” guideline
 - *Website:* <http://www.palliative.org/>
 - *Resource:* guideline listed under ‘clinical tools’ and “evidenced-based care management tools and guidelines”

- StopPain.org
 - *Website:* http://www.stoppain.org/palliative_care/content/symptom/other.asp (or go to www.stoppain.org/palliative_care and type in a symptom such as “fatigue” into the search box)
 - *Resource:* information on various palliative care symptoms, online educational modules, etc.

Audio-Visual Teaching Aides

- YouTube
 - *Website:* <http://www.youtube.com/>
 - *Search Terms:* “palliative care symptom management,” “pain in palliative care,” “delirium palliative care,” “end of life care,” etc.
 - *Example Resources:* “Delirium – presentation, issues, and management in community palliative care,” “Reducing pain for those in palliative care,” etc.
- Google Videos
 - *Website:* <http://video.google.ca/?hl=en&tab=wv>
 - *Search Terms:* “symptom management in palliative care,” “pain in palliative care,”
 - *Example Resource:* “VIHA End of Life Principles of Symptom Management”

d) Competency 4

Competency 4: Recognizes and responds to the unique end-of-life needs of various populations, such as elders, children, multicultural populations, those with cognitive impairment, language barriers, those in rural and remote areas, those with chronic diseases, mental illness and addictions, and marginalized populations.

Database Search Strategies

Database	Search Terms		
	General Palliative Care Nursing (+/-) Nursing Education		Competency 4: Unique Populations
AMED	General: “palliative care” “terminal care” “end of life care” (keyword search) Nursing Specific: “nursing care” “palliative care nursing” (keyword search)	“education, nursing” “teaching” “learning” “clinical teaching” (keyword search)	“culture” “ethnic groups” “health services accessibility” “child health services” “health services for the aged” “rural health services” “rural health” “disability” “language disorders” “mental disorders” “substance abuse” “socioeconomic factors” “minority groups” (keyword search)
CINAHL	General: “palliative care” “terminal care” “terminally ill patients” “end of life care” (keyword search) Nursing Specific: “hospice and palliative nursing” “holistic nursing” “nursing practice, evidence-based” “nursing care”	“education, nursing” “curriculum” “education, clinical” “learning environment, clinical” “learning methods” “teaching” “education research” “students, nursing”	“culture” “gender specific care” “ethnic groups” “minority groups” “age specific care” “rural health services” “rural health nursing” “rural population” “health services accessibility” “geographic factors” “developmental disabilities” “mental retardation” (used for “intellectual disabilities”) “communication barriers” “mental disorders” “addiction” “socioeconomic factors”

<p>Cochrane</p>	<p>General: “palliative care” “end of life care” “terminal care” (search above terms in title, abstract, or keywords)</p> <p>Nursing Specific: “nursing”(search above term in title, abstract, or keywords)</p>	<p>“nursing students” “learning”</p> <p>(search above terms in title, abstract, or keywords)</p>	<p>“ethnic groups” “rural health” “disability” “socioeconomic status”</p>
<p>Embase</p>	<p>General: “palliative therapy” “terminal care” (includes end of life and hospice care)</p> <p>Nursing Specific: “evidence based nursing” “hospice nursing” “holistic nursing” “palliative care nursing” (keyword search)</p>	<p>“nursing education” “nursing student” “curriculum” “education program” “teaching”</p>	<p>“cultural factor” “transcultural care” “ethnic group” “minority group” “race” “gender” “elderly care” “child health” “rural health care” “rural population” “health care access” “demography” “language disability” “developmental disorder” “intellectual impairment” “mental disease” “mental disease” “addiction” “health disparity” “social status”</p>
<p>Medline</p>	<p>General: “palliative care” “terminal care” “end of life care” (keyword search)</p> <p>Nursing Specific: “evidence-based nursing” “holistic nursing” “palliative care nursing” (keyword search)</p>	<p>“education, nursing” “curriculum” “teaching” “students, nursing”</p>	<p>“culture” “transcultural nursing” “cultural competency” “ethnic groups” “minority groups” “sex factors” “gender identity” “child health services” “health services for the aged” “rural health services” “rural health” “rural population” “health services accessibility” “geography” “mental retardation” “developmental disabilities” “communication barriers” “mental disorders” “substance-related disorders” “health status disparities” “socioeconomic factors”</p>

Example Findings:

- Clark, K. & Phillips, J. (2010, April). End of life care – the importance of culture and ethnicity. *Australian Family Physician*, 39(4), 210-213.
- Duffy, S., Jackson, F., Schim, S., Ronis, D. & Fowler, K. (2006, September). Cultural concepts at the end of life. *Nursing Older People*, 18(8), 10-14.
- Goldsmith, B., Hendrix, C.C. & Gentry, J. (2006, September-October). Providing end-of-life palliative care for the developmentally disabled and their families. *Journal of Hospice & Palliative Nursing*, 8(5), 270-275.
- Hinds, P.S., Oakes, L.L., Hicks, J., & Anghelescu, D.L. (2005, February). End-of-life care for children and adolescents. *Seminars in Oncology Nursing*, 21(1), 53-62.
- McGrath, P., Holewa, H., & McGrath, Z. (2007, July). Practical problems for Aboriginal palliative care service provision in rural and remote areas: equipment, power, and travel issues. *Collegian*, 14(3), 21-26.
- Thune-Boyle, I.C.V., Sampson, E.L., Jones, L., King, M., Lee, D.R., & Blanchard, M.R. (2010, May). Challenges to improving end of life care of people with advanced dementia in the UK. *Dementia*, 9(2), 259-284

Journals

- *Australian Journal of Rural Health*
 - *Website:* <http://www.wiley.com/bw/journal.asp?ref=1038-5282&site=1>
 - *Access:* subscription required, may be accessible free through academic libraries
 - *Aims & Scope:* The *Australian Journal of Rural Health* publishes articles in the field of rural health. It facilitates the formation of interdisciplinary networks, so that rural health professionals can form a cohesive group and work together for the advancement of rural practice, in all health disciplines. The Journal aims to establish a national and international reputation for the quality of its scholarly discourse and its value to rural health professionals. All articles, unless otherwise identified, are peer reviewed by at least two researchers expert in the field of the submitted paper. The Journal is taken by subscribers in Canada, Japan, USA and the United Kingdom. Readership includes general practitioners, nurses, allied health professionals, pharmacists, health administrators, universities, rural health units and libraries.

- *Culture, Health, & Sexuality*
 - *Website:* <http://www.tandfonline.com/loi/tchs20>
 - *Access:* some FREE issues/sections, most articles require a subscription but may be accessible free through academic libraries
 - *Aims & Scope:* *Culture, Health & Sexuality* is a leading international environment for the publication of papers in the fields of culture, health and sexuality. The journal is broad and multi-disciplinary in focus, publishing papers on methodology as well as those that are empirical and conceptual in nature. It offers a forum for debates on policy and practice, adopting a practitioner focus where appropriate. *Culture, Health and*

Sexuality takes a genuinely international stance in its consideration of key issues and concerns, as reflected in the composition of the editorial board.

○ *Disability and Health Journal*

- *Website:* <http://www.disabilityandhealthjnl.com/>
- *Access:* some FREE issues/sections, most articles require a subscription but may be accessible free through academic libraries
- *Aims & Scope:* *Disability and Health Journal* is a scientific, scholarly and multidisciplinary journal for reporting original contributions that advance knowledge in disability and health. Such contributions include reports of empirical research on the characteristics of persons with disabilities, environments, health outcomes, and determinants of health; systematic reviews and tightly conceived theoretical interpretations of research literatures; and evaluative research on new interventions, technologies and programs. The focus will be public health, health promotion, health education, wellness and prevention, reducing the incidence of secondary conditions and medical conditions.

○ *Journal of Health Disparities Research and Practice*

- *Website:* <http://www.unlv.edu/journals/chdr/journal.html>
- *Access:* FREE online access
- *Aims & Scope:* To present research that will guide the development of evidence-based solutions, policy and programs in an effort to reduce and ultimately eliminate health disparities. The *Journal of Health Disparities research and Practice* is an online journal that explores the problems and challenges of health disparities among the diverse populations of the United State and the world. The journal invites submission of original papers from researchers, public health practitioners, and students researching and working on health disparities solutions.

○ *Journal of Rural Health*

- *Website:* <http://www.wiley.com/bw/journal.asp?ref=0890-765X>
- *Access:* subscription required, may be accessible free through academic libraries
- *Aims & Scope:* The *Journal of Rural Health*, a quarterly journal published by the NRHA, offers a variety of original research relevant and important to rural health. Some examples include evaluations, case studies, and analyses related to health status and behavior, as well as to health work force, policy and access issues. Quantitative, qualitative and mixed methods studies are welcome. Highest priority is given to manuscripts that reflect scholarly quality, demonstrate methodological rigor, and emphasize practical implications. The journal also publishes articles with an international rural health perspective, commentaries, book reviews and letters.

Networks

- Canadian Network of Palliative Care for Children
 - *Website:* <http://www.cnpsc.ca/>
 - *Mission:* (1) To develop, coordinate and maintain a Canadian network for pediatric hospice palliative care. (2) To collaborate on national and international activities and initiatives in the field of pediatric hospice palliative care and to seek opportunities for partnerships. (3) To assume a role of leadership in pediatric hospice palliative care and to advocate for the needs of children with life-threatening illness and their families.
 - *Online Resources:* webinars, newsletters, conference information, norms of practice, symptom control guidelines, policies, research updates, teaching materials, related links, and discussion links.

Websites



- To search for online resources/websites related to unique populations:
 - Go to www.google.ca
 - Search combining “palliative care” with phrases/words such as “culture,” “gender differences,” “for the elderly,” “children,” “rural services,” “mental health,” “chronic disease,” “cognitive disability,” “dementia,” “intellectual disability,” etc.

- BC Cancer Agency – Cross-Cultural Palliative Care NET
 - *Website:* <http://www.bccancer.bc.ca/RES/ResearchPrograms/net/default.htm>
 - *Resource:* “Cross-Cultural Considerations in Promoting Advance Care Planning in Canada”
- Centre for Cultural Diversity in Ageing
 - *Website:* <http://www.culturaldiversity.com.au/practice-guides/palliative-care>
 - *Resource:* “Palliative Care” (related links included)
- Center to Advance Palliative Care
 - *Website:* <http://www.capc.org/palliative-care-across-the-continuum/hospital-hospice/Rural-Toolkit-READER.pdf>
 - *Resource:* “Providing Hospice and Palliative Care in Rural and Frontier Areas”
- Europe World Health Organization
 - *Website:* http://www.euro.who.int/_data/assets/pdf_file/0009/98235/E82933.pdf
 - *Resource:* “Better Palliative Care for Older People”
- Mental Health Foundation
 - *Website:* <http://www.mentalhealth.org.uk/publications/mental-health-palliative-care/>
 - *Resource:* “Mental Health and Palliative Care” (free download)

- National Cancer Institute – NCI Cancer Bulletin November 30th, 2010
 - *Website:* <http://www.cancer.gov/ncicancerbulletin/113010/page6>
 - *Resource:* “Considering Culture when Providing Cancer Care” volume 7, issue 23
- National Cancer Institute
 - *Website:* <http://www.cancer.gov/cancertopics/pdq/supportivecare/substanceabuse/HealthProfessional/page1>
 - *Resource:* “Substance Abuse Issues in Cancer”
- Palliative Care Australia
 - *Website:* <http://www.palliativecare.org.au/Portals/46/Multicultural%20palliative%20care%20guidelines.pdf>
 - *Resource:* “Multicultural Palliative Care Guidelines”
- Palliative Care Guidelines
 - *Website:* http://www.palliativecareguidelines.scot.nhs.uk/pain_management/cognitive.asp
 - *Resource:* “Palliative Care Guidelines – Pain Management – Pain Assessment in Cognitive Impairment”
- Palliative Dementia Care Resources
 - *Website:* <http://www.pdcronline.org/>
 - *Resource:* list of articles on end stage dementia care
- University of Toronto: Ian Anderson Continuing Education Program in End-of-Life Care
 - *Website:* <http://www.cme.utoronto.ca/endoflife/default.htm>
 - *Resources:* module on culture

Audio-Visual Teaching Aides

- YouTube
 - *Website:* <http://www.youtube.com/>
 - *Search Terms:* “palliative care culture,” “palliative care disability,” “palliative care rural,” “language barrier,” etc.
 - *Example Resources:* “Accommodating Cultural Diversity – Palliative Care,” “Reaching Out to Underserved Populations,” etc.
- Google Videos
 - *Website:* <http://video.google.ca/?hl=en&tab=wv>
 - *Search Terms:* “palliative care culture,” “palliative care cultural sensitivity,” “palliative care rural,” “palliative care addiction,” etc.
 - *Example Resources:* “Aboriginal Palliative Care,” “Cultural Competence for Healthcare Providers,” “Rural Nurse at Palliative Care,” etc.

e) Competency 5

Competency 5: Applies ethical knowledge skillfully when caring for persons at end-of-life and their families while attending to one’s own responses such as moral distress and dilemmas, and successes with end-of life decision making.

Database Search Strategies

Database	Search Terms		
	<u>General</u>	(+/-) Nursing Education	<u>Competency 5:</u> Ethics
AMED	Palliative Care Nursing General: “palliative care” “terminal care” “end of life care” (keyword search) Nursing Specific: “nursing care” “palliative care nursing” (keyword search)	“education, nursing” “teaching” “learning” “clinical teaching” (keyword search)	“ethics” “suicide, assisted” “euthanasia” “treatment refusal” “resuscitation” “legislation” “stress, psychological” “burnout professional” “palliative sedation” (keyword search) “principle of double effect” (keyword search) “moral distress” (keyword search)
CINAHL	General: “palliative care” “terminal care” “terminally ill patients” “end of life care” (keyword search) Nursing Specific: “hospice and palliative nursing” “holistic nursing” “nursing practice, evidence-based” “nursing care”	“education, nursing” “curriculum” “education, clinical” “learning environment, clinical” “learning methods” “teaching” “education research” “students, nursing”	“ethics theory” “ethics, professional” “ethics, organizational” “decision-making, ethical” “morals” “euthanasia, passive” “suicide, assisted” “treatment refusal” “resuscitation orders” “stress, psychological” “burnout, professional” “palliative sedation” (keyword search) “principle of double effect” (keyword search) “ethical conflict” (keyword search) “moral distress” (keyword search)

<p>Cochrane</p>	<p>General: “palliative care” “end of life care” “terminal care” (search above terms in title, abstract, or keywords)</p> <p>Nursing Specific: “nursing” (search above term in title, abstract, or keywords)</p>	<p>“nursing students” “learning”</p> <p>(search above terms in title, abstract, or keywords)</p>	<p>“ethics” “decision making” “burnout”</p>
<p>Embase</p>	<p>General: “palliative therapy” “terminal care” (includes end of life and hospice care)</p> <p>Nursing Specific: “evidence based nursing” “hospice nursing” “holistic nursing” “palliative care nursing” (keyword search)</p>	<p>“nursing education” “nursing student” “curriculum” “education program” “teaching”</p>	<p>“medical ethics” “ethical theory” “morality” “treatment withdrawal” “treatment refusal” “distress syndrome” “passive euthanasia” “active euthanasia” “voluntary euthanasia” “assisted suicide” “mental stress” “burnout” “principle of double effect” (keyword search) “palliative sedation” (keyword search) “terminal sedation” (keyword search) “moral distress” (keyword search) “ethical conflict” (keyword search)</p>
<p>Medline</p>	<p>General: “palliative care” “terminal care” “end of life care” (keyword search)</p> <p>Nursing Specific: “evidence-based nursing” “holistic nursing” “palliative care nursing” (keyword search)</p>	<p>“education, nursing” “curriculum” “teaching” “students, nursing”</p>	<p>“morals” “ethics, nursing” “ethical theory” “ethics, institutional” “euthanasia, passive” “euthanasia, active” “double effect principle” “suicide, assisted” “withholding treatment” “treatment refusal” “resuscitation” “conflict (psychology)” “stress, psychological” “burnout, professional”</p>

			<p>“palliative sedation” (keyword search)</p> <p>“terminal sedation” (keyword search)</p> <p>*note “ethics” is sometimes listed as a subheading, which can help narrow the search</p>
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Example Findings:

Allmark, P., Cobb, M., Liddle, B.J., & Tod, A.M. (2010, July). Is the doctrine of double effect irrelevant in end-of-life decision making? *Nursing Philosophy*, 11(3), 170-177.

Martins Pereira, S., Fonseca, A.M., & Sofia Carvalho, A. (2011, May). Burnout in palliative care: A systematic review. *Nursing Ethics*, 18(3), 317-326.

Olsen, M.L., Swetz, K.M., & Mueller, P.S. (2010, October). Ethical decision making with end-of-life care: Palliative sedation and withholding or withdrawing life-sustaining treatments. *Mayo Clinical Proceedings*, 85(10), 949-954.

Pesut, B. (2009, July). Incorporating patients’ spirituality into care using Gadow’s ethical framework. *Nursing Ethics*, 16(4), 418-428.

Journals

○ *BMC Medical Ethics*

- *Website:* <http://www.biomedcentral.com/bmcmedethics/>
- *Access:* FREE online access
- *Aims & Scope:* *BMC Medical Ethics* is an Open Access, peer-reviewed journal that considers articles on relation to the ethical aspects of biomedical research and clinical practice, including professional choices and conduct, medical technologies, healthcare systems and health policies.

○ *Cambridge Quarterly of Healthcare Ethics*

- *Website:* <http://journals.cambridge.org/action/displayJournal?jid=CQH>
- *Access:* subscription required, may be accessible free through academic libraries
- *Aims & Scope:* The *Cambridge Quarterly of Healthcare Ethics* is designed to address the challenges of biology, medicine and healthcare and to meet the needs of professionals serving on healthcare ethics committees in hospitals, nursing homes, hospices and rehabilitation centres. The aim of the journal is to serve as the international forum for the wide range of serious and urgent issues faced by members of healthcare ethics committees, physicians, nurses, social workers, clergy, lawyers and community representatives

- *HEC Forum (HealthCare Ethics Committee Forum: An Interprofessional Journal on Healthcare Institutions' Ethical and Legal Issues)*
 - *Website:* <http://www.springer.com/social+sciences/applied+ethics/journal/10730>
 - *Access:* subscription required, may be accessible free through academic libraries
 - *Aims & Scope:* HEC Forum is an international, peer-reviewed publication featuring original contributions of interest to practicing physicians, nurses, social workers, risk managers, attorneys, ethicists, and other HEC committee members. Contributions from all pertinent sources are included, written in a style written appealing to HEC members and lay readers. HEC Forum publishes essays and research papers, and includes such sections as Essays on Substantive Bioethical/Health Law Issues; Analyses of Procedural and Operational Committee Issues; Document Exchange; Special Articles; International Perspectives; Mt. /St. Anonymous: Cases and Institutional Policies; Point/Counterpoint Argumentation; Case Reviews, Analyses, and Resolutions; Chairperson's Section; `Tough Spot'; Critical Annotations; Health Law Alert; Network News and Letters to the Editors.

- *Internet Journal of Law, Healthcare, and Ethics*
 - *Website:* http://www.ispub.com/journal/the_internet_journal_of_law_healthcare_and_ethics.html
 - *Access:* FREE online access
 - *Aims & Scope:* *The Internet Journal of Law, Healthcare and Ethics* is a multidisciplinary journal addressing current issues at the intersection of law, healthcare and ethics. IJLHE seeks high quality submissions that are timely and cutting edge that will generate discussion and promote further inquiry. Authors can expect a rapid turnaround of decisions on submissions. Because IJLHE is an open access journal, all articles will be available on the internet to reach a broad audience. The Journal covers a variety of bioethical topics in the following areas: health law & policy, neuroethics and nanoethics, emerging technologies, philosophy and ethics in healthcare, philosophy & health care ethics, public health & policy. IJLHE encourages authors to submit conceptual and empirical papers ranging from substantive articles on the state of the art to commentaries or policy arguments to scientific research, empirical research studies or book reviews. IJLHE seeks to promote a constructive dialogue between scholars in law, philosophy, ethics, medicine, social sciences, and science.

- *JONA's Healthcare Law, Ethics, and Regulation*
 - *Website:* <http://journals.lww.com/jonalaw/pages/default.aspx>
 - *Access:* subscription required, may be accessible free through academic libraries
 - *Aims & Scope:* *JONA's Healthcare Law, Ethics, and Regulation* provides valuable information on the changing regulations affecting healthcare will keep readers up-to-date on this dynamic and critical aspect of the profession. Discussions of current problems and trends in healthcare law, and the ethics involved in ensuring quality patient care, are sure to assist readers in their leadership.

○ *Journal of Clinical Ethics*

- *Website:* <http://www.clinicalethics.com/>
- *Access:* subscription required, may be accessible free through academic libraries
- *Aims & Scope:* *The Journal of Clinical Ethics* is written for and by physicians, nurses, attorneys, clergy, ethicists, and others whose decisions directly affect patients. More than 70 percent of the articles in *JCE* are authored or co-authored by physicians. *JCE* is a double-blinded, peer-reviewed journal indexed in PubMed, Current Contents/Social & Behavioral Sciences, the Cumulative Index to Nursing & Allied Health Literature, and other indexes.

○ *Journal of Ethics in Mental Health*

- *Website:* <http://www.jemh.ca/index.html>
- *Access:* FREE online access
- *Aims & Scope:* *The Journal of Ethics in Mental Health* is an international, peer-reviewed, web-based journal, available free on-line worldwide. We publish 2 issues per year (April and November). The journal was developed in association with Whitby Mental Health Centre and McMaster University (Canada). The journal aims at providing a useful forum for sharing ideas and experiences among all who are committed to improving ethical standards, behaviours, and choices in mental health care giving.

○ *Journal of Law, Medicine, and Ethics*

- *Website:* [http://onlinelibrary.wiley.com/journal/10.1111/\(ISSN\)1748-720X](http://onlinelibrary.wiley.com/journal/10.1111/(ISSN)1748-720X)
- *Access:* some FREE issues/sections, most articles require a subscription but may be accessible free through academic libraries
- *Aims & Scope:* Material published in *The Journal of Law, Medicine & Ethics (JLME)* contributes to the educational mission of [The American Society of Law, Medicine & Ethics](#), covering public health, health disparities, patient safety and quality of care, and biomedical science and research. It provides articles on such timely topics as health care quality and access, managed care, pain relief, genetics, child/maternal health, reproductive health, informed consent, assisted dying, ethics committees, HIV/AIDS, and public health. Symposium issues review significant policy developments, health law court decisions, and books. A leading peer-reviewed journal for research at the intersection of law, health policy, ethics, and medicine, *JLME* is THE authoritative source for health law teachers, practitioners, policy makers, risk managers, and anyone involved with the safe, equitable, and ethical delivery and promotion of the public's health.

○ *Journal of Medical Ethics*

- *Website:* <http://jme.bmj.com/>
- *Access:* all articles published prior to 2006 are free if you register, otherwise a subscription is required but may be available through academic libraries
- *Aims & Scope:* *Journal of Medical Ethics* is a leading international journal that reflects the whole field of medical ethics. The journal seeks to promote ethical reflection and conduct in scientific research and medical practice. It features original articles on ethical aspects of health care, as well as case conferences, book reviews, editorials,

correspondence, news and notes. To ensure international relevance JME has Editorial Board members from all around the world including the US, Europe, Australasia and Far East.

○ *Nursing Ethics*

- *Website:* <http://nej.sagepub.com/>
- *Access:* subscription required, may be accessible free through academic libraries
- *Aims & Scope:* *Nursing Ethics* takes a practical approach to this complex subject and relates each topic to the working environment. The articles on ethical and legal issues are written in a comprehensible style and official documents are analysed in a user-friendly way. The international Editorial Board ensures the selection of a wide range of high quality articles of global significance. *Nursing Ethics* adheres to a rigorous double-blind reviewing policy in which the identity of reviewers and authors are concealed from both parties. Each manuscript is reviewed by at least two referees. All manuscripts are reviewed as rapidly as possible (e.g. 4-6 weeks) of submission.

○ *Online Journal of Health Ethics*

- *Website:* <http://www.ojhe.org/>
- *Access:* FREE online access
- *Aims & Scope:* It is the purpose of this on-line ethical journal to provide a forum to inform ethical debates from a holistic worldview. Clearly, this approach demands a multicultural, multidisciplinary team of scholars open to challenges of their ontologies. While editors do not purport that readers will be left without a reasonable doubt regarding one's ethical quandaries, what is promised is the presentation of scholarly works known for their veracity and challenges to the commonly believed and generally accepted notions of truth and right. This philosophy demands the presentation of works which are not just expedient for the hour, but which form the basis of principles for the future. Works presented consist of clinical cases studies, poems, songs, art, dilemmas, ethical papers from renown experts and novices, and electronic bulletin board interactive chats, to name a few. Collectively, these varied forms of expression, while endorsed by some, will not be agreeable to all. What is promised though is a forum wherein expression of ideas is valued and encouraged.

○ *Philosophy, Ethics, and Humanities in Medicine*

- *Website:* <http://www.peh-med.com/>
- *Access:* FREE online access
- *Aims & Scope:* *Philosophy, Ethics, and Humanities in Medicine* considers articles on the philosophy of medicine and biology, and on ethical aspects of clinical practice and research.

Network

○ Provincial Health Ethics Network

- *Website:* <http://www.phen.ab.ca/index.html>

- *Mission:* To facilitate examination, discussion and decision-making with respect to ethical issues in health and health care.
- *Online Resources:* ethics committee resources, books for download, articles, teaching resources, overview of ethics, and related links.

Websites



- To search for online resources/websites related to unique populations:
 - Go to www.google.ca
 - Search using phrases such as “nursing ethics palliative care,” “ethical issues palliative care,” “moral distress palliative care,” etc.

- Canadian Bioethics Companion
 - *Website:* <http://canadianbioethicscompanion.ca/the-canadian-bioethics-companion/chapter-3-end-of-life-issues/>
 - *Resource:* Chapter 3 End of Life Issues
- Canadian Nurses Association
 - *Website:* http://www.cna-aiic.ca/CNA/practice/ethics/code/resources/default_e.aspx
 - *Resource:* Code of Ethics for Registered Nurses
- Dartmouth College - “Handbook for Rural Health Ethics: A Practical Guide for Professionals”
 - *Website:* <http://dms.dartmouth.edu/cfm/resources/ethics/chapter-11.pdf>
 - *Resource:* Chapter 11: Ethics Conflicts in Rural Communities: End-of-life Decision-Making
- International Association for Hospice & Palliative Care
 - *Website:* <http://www.hospicecare.com/Ethics/> and <http://www.hospicecare.com/manual/ethical-main.html>
 - *Resource:* “Ethical Issues in Palliative Care” (list of ethics articles and essays) and “Ethical Issues” in the IAHPC Manual of Palliative Care
- National Institute of Health Bioethics Resources on the Web
 - *Website:* <http://bioethics.od.nih.gov/index.html>
 - *Resource:* list of multiple online resources related to ethics and health
- NursingEthics.ca
 - *Website:* <http://www.nursingethics.ca/>
 - *Resource:* codes of ethics from provincial nursing associations, and related articles and links.
- The Royal Children’s Hospital Melbourne
 - *Website:* http://www.rch.org.au/rch_palliative/prof/index.cfm?doc_id=1682
 - *Resource:* “Ethical Issues in Paediatric Palliative Care”

- University of Minnesota, Center for Bioethics
 - *Website:* http://www.ahc.umn.edu/img/assets/26104/End_of_Life.pdf
 - *Resource:* End of Life Care: An Ethical Overview

Audio-Visual Teaching Aides

- YouTube
 - *Website:* <http://www.youtube.com/>
 - *Search Terms:* “nursing ethics palliative,” “caregiver burnout,” “principle of double effect,” “palliative sedation,” “assisted suicide,” “euthanasia,” etc.
 - *Example Resources:* “Introduction to Principles in Health Care Ethics,” “NCBC: What is the Moral Principle of Double Effect?” “Eye to Eye: Assisted Suicide,” etc.
- Google Videos
 - *Website:* <http://video.google.ca/?hl=en&tab=wv>
 - *Search Terms:* “nursing ethics palliative,” “palliative care moral dilemma,” “principle of double effect,” “palliative sedation,” “assisted suicide,” “euthanasia,” etc.
 - *Example Resources:* “Relational Ethics – Palliative Care,” “End-of-Life Care: Weighing Ethics and Rationing Resources,” “Moral Distress in Delivering End-of-Life Care – Palliative Care,” “Palliative Care Nursing – Caring for Yourself,” etc.
- PainClinician.com – “Pain, Ethics, and Palliative Sedation”
 - *Website:* <http://painclinician.com/video/id/152/>

f) Competency 6

Competency 6: Demonstrates the ability to attend to psychosocial and practical issues such as planning for death at home and after death care relevant to the person and the family members.

Database Search Strategies

Database	Search Terms		
	General	(+/-) Nursing Education	Competency 6: Social & Practical Issues
AMED	General: “palliative care” “terminal care” “end of life care” (keyword search) Nursing Specific: “nursing care” “palliative care nursing” (keyword search)	“education, nursing” “teaching” “learning” “clinical teaching” (keyword search)	“home care services” “home nursing” “caregivers” “adaptation psychological” “emotions” “cultural sensitivity” (keyword search) “values and beliefs” (keyword search) “burial” (keyword search) “spiritual care” (keyword search) “home death” (keyword search)
CINAHL	General: “palliative care” “terminal care” “terminally ill patients” “end of life care” (keyword search) Nursing Specific: “hospice and palliative nursing” “holistic nursing” “nursing practice, evidence-based” “nursing care”	“education, nursing” “curriculum” “education, clinical” “learning environment, clinical” “learning methods” “teaching” “education research” “students, nursing”	“home environment” “home care equipment and supplies” “postmortem care” “information needs” “psychosocial aspects of illness” “stress, psychological” “spiritual care” “family functioning” “rituals and ceremonies” “burial practices” “cultural sensitivity” “values and beliefs” “health knowledge, attitudes, practice” “professional-family relations” + “culture” “emotional needs” (keyword search) “preparing for death” (keyword search) “death at home” (keyword

			search) “family needs” (keyword search)
Cochrane	General: “palliative care” “end of life care” “terminal care” (search above terms in title, abstract, or keywords) Nursing Specific: “nursing” (search above term in title, abstract, or keywords)	“nursing students” “learning” (search above terms in title, abstract, or keywords)	“family needs” “psychosocial issues”
Embase	General: “palliative therapy” “terminal care” (includes end of life and hospice care) Nursing Specific: “evidence based nursing” “hospice nursing” “holistic nursing” “palliative care nursing” (keyword search)	“nursing education” “nursing student” “curriculum” “education program” “teaching”	“family functioning” “psychosocial care” “home care” “posthumous care” “health care planning” “cultural sensitivity” “transcultural care” “needs assessment” + “emotion” “values and beliefs” (keyword search) “preparing for death” (keyword search)
Medline	General: “palliative care” “terminal care” “end of life care” (keyword search) Nursing Specific: “evidence-based nursing” “holistic nursing” “palliative care nursing” (keyword search)	“education, nursing” “curriculum” “teaching” “students, nursing”	“funeral rites” “cultural characteristics” “cultural diversity” “ceremonial behaviour” “family relations” “cultural competency” “home care services” + “death” “adaptation, psychological” + “family” “needs assessment” + “emotions” or “social support” or “spirituality” “home death” (keyword search) “preparing for death” (keyword search) “religion and medicine”

			(keyword search) “values and beliefs” (keyword search) “cultural sensitivity” (keyword search)
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Example Findings:

Karlsson, C. & Beggren, I. (2011). Dignified end-of-life care in the patients’ own homes. *Nursing Ethics*, 18(3), 374-385.

McNamara, B. & Rosenwax, L. (2010, April). Which carers of family members at the end of life need more support from health services and why? *Social Science & Medicine*, 70(7), 1035-1041,

Nakamura, S., Kuzuya, M., Funaki, Y., Matsui, W., & Ishiguro, N. (2010, April). Factors influencing death at home in terminally ill cancer patients. *Geriatrics & Gerontology International*, 10(2), 154-160.

Whittington, E. (2006, summer). Planning for death. *CURE: Cancer Updates, Research, & Education*, 5(2), 26

Journals

○ *Death Studies*

- *Website:* <http://www.tandf.co.uk/journals/tf/07481187.html>
- *Access:* subscription required, may be accessible free through academic libraries
- *Aims & Scope:* Now published ten times each year, this acclaimed journal provides refereed papers on significant research, scholarship, and practical approaches in the fast growing areas of bereavement and loss, grief therapy, death attitudes, suicide, and death education. It provides an international interdisciplinary forum in which a variety of professionals share results of research and practice, with the aim of better understanding the human encounter with death and assisting those who work with the dying and their families.

○ *Illness, Crisis, and Loss*

- *Website:* <http://www.baywood.com/journals/previewjournals.asp?id=1054-1373>
- *Access:* subscription required, may be accessible free through academic libraries
- *Aims & Scope:* *Illness, Crisis & Loss* is the resource that furthers your understanding and knowledge of the psychosocial and ethical issues associated with life-threatening illness, traumatic human crises, grief, and loss. The broad focus of the journal makes it relevant to a wide range of professionals and scholars, such as grief counselors, therapists, social workers, thanatologists, physicians and nurses, medical ethicists, and anyone else who works with people in crisis situations. *Illness, Crisis & Loss* publishes peer-reviewed articles, book reviews, and essays on psychological and ethical issues associated with life-threatening illnesses, traumatic human crises, grief, and loss. Through editorials, interviews, and commentaries, you will also discover the latest

thinking on the most pressing ethical and psychosocial issues from those working on the frontlines.

- *Journal of Loss and Trauma* (pre-2001, *Journal of Personal and Interpersonal Loss*)
 - *Website:* <http://www.tandf.co.uk/journals/titles/15325024.asp>
 - *Access:* subscription required, may be accessible for free through academic libraries
 - *Aims & Scope:* In one forum, *Journal of Loss and Trauma* brings together scholarship on personal losses relating to family, health, and aging issues. The journal addresses issues dealing with psychological and physical health and interpersonal losses relative to extended family, community life, and society as a whole. In order to broaden the reader's perspective on loss and bereavement, the journal defines loss as a major reduction in a person's resources, whether personal, material, or symbolic, to which the person was emotionally attached. Types of loss covered include: death and dying; dissolution and divorce; loss of employment; life-threatening diseases and long-term disability; loss of possessions; homelessness; recurring and haunting memories; disenfranchisement and stigmatization; losses resulting from war and violence; and aging. The *Journal of Loss & Trauma* highlights common as well as differing impacts of major losses while revealing commonalities of the various healing processes. Interdisciplinary in its approach, the journal publishes empirically-oriented papers, case studies with intervention strategies, point-counterpoint discussions, theoretical analyses, essays on concepts or links among relevant fields, and therapeutic approaches. Book reviews are also regular features.

- *Journal of Social Work in End-of-Life & Palliative Care* (pre-2005, *Loss, Grief, & Care*)
 - *Website:* <http://www.tandfonline.com/loi/wzlg20>
 - *Access:* FREE online access
 - *Aims & Scope:* Original research and conceptual articles explore issues crucial to individuals with serious, life-threatening, and life-limiting illness and their families across the lifespan. The focus includes, but is not limited to, the following areas: inter-professional practice and research; practice and policy innovations; practice evaluation; end-of-life communication and decision making; pain management and palliative care; grief and bereavement; ethical issues; sudden traumatic death; secondary trauma and compassion fatigue among professional caregivers. Topics addressed may cover a range of health and mental health community practice settings. The "Reflections" section of the journal is dedicated to using creative writing to give voice to the personal impact of end-of-life and palliative care in clinical practice, community organizing, policy practice, research, and education. Content is accepted in three forms: poetry, essays, and case studies.

- *Mortality*
 - *Website:* <http://www.tandf.co.uk/journals/titles/13576275.asp>
 - *Access:* subscription required, may be accessible for free through academic libraries
 - *Aims & Scope:* A foremost international, interdisciplinary journal that has relevance both for academics and professionals concerned with human mortality. *Mortality* is essential reading for those in the field of death studies and in a range of disciplines, including anthropology, art, classics, history, literature, medicine, music, socio-legal

studies, social policy, sociology, philosophy, psychology and religious studies. The journal is also of special interest and relevance for those professionally or voluntarily engaged in the health and caring professions, in bereavement counselling, the funeral industries, and in central and local government. Unique features of the journal are the Classic Revisited series wherein key texts in the study of death are subjected to contemporary reappraisal by an expert in the discipline, and Virtual Themed Issues, which are online collections of articles on key themes introduced by an expert.

○ *OMEGA – Journal of Death & Dying*

- *Website:* <http://www.baywood.com/journals/previewjournals.asp?id=0030-2228>
- *Access:* subscription required, may be accessible for free through academic libraries
- *Aims & Scope:* This journal brings insight into terminal illness; the process of dying, bereavement, mourning, funeral customs, suicide. Fresh, lucid, responsible contributions from knowledgeable professionals in universities, hospitals, clinics, old age homes, suicide prevention centers, funeral directors and others, concerned with thanatology and the impact of death on individuals and the human community. *OMEGA* is a rigorously peer-refereed journal. Drawing significant contributions from the fields of psychology, sociology, medicine, anthropology, law, education, history and literature, *OMEGA* has emerged as the most advanced and internationally recognized forum on the subject of death and dying. It serves as a reliable guide for clinicians, social workers, and health professionals who must deal with problems in crisis management, e.g., terminal illness, fatal accidents, catastrophe, suicide and bereavement.

Associations

○ ADEC: The Thanatology Association

- *Website:* <http://www.adec.org//AM/Template.cfm?Section=Home#>
- *Mission:* The Association for Death Education and Counseling® is an international, professional organization dedicated to promoting excellence and recognizing diversity in death education, care of the dying, grief counseling and research in thanatology. Based on quality research, theory and practice, the association provides information, support and resources to its international, multicultural, multidisciplinary membership and to the public.
- *Online Resources:* self-study course, webinars, and related links.

○ Canadian Home Care Association

- *Website:* <http://www.cdnhomecare.ca/index.php>
- *Mission:* The Canadian Home Care Association, as a national voice, promotes excellence in home care through leadership, awareness and knowledge to shape strategic directions.
- *Online Resources:* CHCA Initiatives – “The Gold Standard for Palliative Home Care”

Websites



- To search for online resources/websites related to unique populations:
 - Go to www.google.ca
 - Search using phrases such as “psychosocial issues in palliative care,” “dying at home,” “caring for the dying at home,” “palliative care at home,” “assessing family needs in death,” “spiritual care in palliative care,” “family care in palliative care,” etc.

- British Columbia Ministry of Health
 - *Website:* http://www.health.gov.bc.ca/hcc/pdf/expected_home_death.pdf
 - *Resource:* “Joint Protocol for Expected/Planned Home Deaths in British Colombia”
- Canadian Virtual Hospice
 - *Website:* <http://thehealthline.ca/Docs/DyingAndDeathAtHome.pdf>
 - *Resource:* “Considerations for Dying at Home”
- International Network for Cancer Treatment and Research Palliative Care Handbook
 - *Website:* <http://inctr-palliative-care-handbook.wikidot.com/home>
 - *Resource:* “Psychosocial Assessment” (listed in table of contents)
- Mayo Clinic
 - *Website:* <http://www.mayoclinic.com/health/cancer/CA00048>
 - *Resource:* “End of Life: Caring for a Dying Loved One”
- National Cancer Institute
 - *Website:* <http://www.cancer.gov/cancertopics/factsheet/Support/end-of-life-care>
 - *Resource:* “End of Life Care: Questions and Answers”
- The Healthline
 - *Website:* <http://thehealthline.ca/Docs/DyingAndDeathAtHome.pdf>
 - *Resource:* “Dying and Death at Home ... Information for Family & Friends,”

Audio-Visual Teaching Aides

- YouTube
 - *Website:* <http://www.youtube.com/>
 - *Search Terms:* “spirituality in palliative care,” “nursing spiritual assessment,” “end-of-life decision-making,” “end-of-life planning,” “supporting family caregivers,” etc.
 - *Example Resources:* “Spiritual care in life threatening illness,” “Spirituality in Palliative Care,” “Hospice resources for end-of-life decision-making caregivers,” “Thinking ahead – the importance of end of life planning,” etc.

- Google Videos

- *Website:* <http://video.google.ca/?hl=en&tab=wv>
- *Search Terms:* “dying at home,” “planning home palliative care,” “making end of life choices,” “end of life decision making,” etc.
- *Example Resources:* “End of life choices in the Jewish tradition,” “Making choices about end of life medical care,” “Dr. Bardwell discusses the psychosocial needs of cancer patients,” “Family decision making in palliative and end-of-life care,” etc.

g) Competency 7

Competency 7: Identifies the full range and continuum of palliative and end-of-life care services, resources and the settings in which they are available, such as home care.

Database Search Strategies

Database	Search Terms		
	<u>General</u>	<u>Competency 7:</u>	
	Palliative Care Nursing	(+/-) Nursing Education	Services
AMED	<p>General: “palliative care” “terminal care” “end of life care” (keyword search)</p> <p>Nursing Specific: “nursing care” “palliative care nursing” (keyword search)</p>	<p>“education, nursing” “teaching” “learning” “clinical teaching” (keyword search)</p>	<p>“patient care management” “continuity of patient care” “home care services” “health facilities” “patient participation” “needs assessment” “advanced directives” “decision making” “place of death” (keyword search) “end of life services” (keyword search) “referral and consultation” (keyword search) “care options” (keyword search)</p>
CINAHL	<p>General: “palliative care” “terminal care” “terminally ill patients” “end of life care” (keyword search)</p> <p>Nursing Specific: “hospice and palliative nursing” “holistic nursing” “nursing practice, evidence-based” “nursing care”</p>	<p>“education, nursing” “curriculum” “education, clinical” “learning environment, clinical” “learning methods” “teaching” “education research” “students, nursing”</p>	<p>“home intravenous therapy” “home nutritional support” “home visits” “respite care” “home care equipment and supplies” “health services for the aged” “continuity of patient care” “goals and objectives” “case management” “decision-making, family” + “advanced care planning” “decision-making, patient” + “advanced care planning” “decision-making, patient” “referral and consultation” + “health care delivery” “end of life services” (keyword search) “care options” (keyword search)</p>

			“care settings” (keyword search)
Cochrane	<p>General: “palliative care” “end of life care” “terminal care” (search above terms in title, abstract, or keywords)</p> <p>Nursing Specific: “nursing” (search above term in title, abstract, or keywords)</p>	<p>“nursing students” “learning”</p> <p>(search above terms in title, abstract, or keywords)</p>	<p>“health services” “end of life services” “goals” “patient participation”</p>
Embase	<p>General: “palliative therapy” “terminal care” (includes end of life and hospice care)</p> <p>Nursing Specific: “evidence based nursing” “hospice nursing” “holistic nursing” “palliative care nursing” (keyword search)</p>	<p>“nursing education” “nursing student” “curriculum” “education program” “teaching”</p>	<p>“patient preference” “family decision making” “patient decision making” “respite care” “home oxygen therapy” “case management” “patient referral” + “consultation” “health care personnel” + “referral and consultation” “end of life services” (keyword search) “care options” (keyword search) “patient goals” (keyword search) “care setting” (keyword search)</p>
Medline	<p>General: “palliative care” “terminal care” “end of life care” (keyword search)</p> <p>Nursing Specific: “evidence-based nursing” “holistic nursing” “palliative care nursing” (keyword search)</p>	<p>“education, nursing” “curriculum” “teaching” “students, nursing”</p>	<p>“patient preference” “respite care” “home care services, hospital-based” “home infusion therapy” “parenteral nutrition, home” “home nursing” “health facilities” “health services for the aged” “case management” “delivery of health care” “continuity of patient care” + “referral and consultation” “personal autonomy” + “decision making”</p>

			<p>“patient participant” + “decision making”</p> <p>“end of life services” (keyword search)</p> <p>“patient goals” (keyword search)</p> <p>“care settings” (keyword search)</p>
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Example Findings:

Bowers, B., Roderick, S., & Arnold, S. (2010, November). Improving integrated team working to support people to die in the place of their choice. *Nursing Times*, 106(32), 14-16.

Engelhardt, J.B., Rizzo, V.M., Penna, R.D.D., Feigenbaum, P.A., Kirkland, K.A., Nicholson, J.S., et al. (2009, November). Effectiveness of care coordination and health counselling in advanced illness. *American Journal of Managed Care*, 15(11), 817-825.

Hui, D., Con, A., Christie, G., & Hawley, P.H. (2009, December). Goals of care and end-of-life decision making for hospitalized patients at a Canadian tertiary care cancer center. *Journal of Pain & Symptom Management*, 38(6), 871-881.

Johnston, D.L., Nagel, K., Friedman, D.L., Meza, J.L. Hurwitz, C.A., & Frieber, S. (2008, October). Availability and use of palliative care and end-of-life services for pediatric oncology patients. *Journal of Clinical Oncology*, 26(28), 4646-4650.

Kuehn, B.M. (2001, March). ASCO: Patients with advanced cancer need advice on end-of-life care options. *JAMA: Journal of the American Medical Association*, 305(12), 1185-1186.

Pellett, C. (2009, November). Provision of end of life care in the community. *Nursing Standard*, 24(12), 35-40.

Journals

○ *British Journal of Community Nursing*

- Website: <http://www.bjcn.co.uk/>
- Access: subscription required, may be accessible free through academic libraries
- Scope & Aims: *British Journal of Community Nursing* is now the only monthly journal for nursing in the home. And it has changed, to provide you with even more of the right information to help you care for your clients better. *British Journal of Community Nursing* will help you manage complex cases more effectively and improve your case management skills. It will help you to: (1) Provide better end-of-life care; (2) Meet the needs of frail older people with co-morbidities; and (3) Support, manage and teach self-care for long-term conditions. The journal promotes excellence in clinical practice and articles are written by practitioners and peer-reviewed by leading authorities in the field. The journal is indexed on MEDLINE®- testament to the journal's quality and reputation.

- *Home Care Provider*
 - *Website:* <http://www.sciencedirect.com/science/journal/1084628X>
 - *Access:* subscription required, may be accessible free through academic libraries
 - *Aims & Scope:* Home Care Provider is written by and for the multidisciplinary health care professionals who work in the home care field. This bimonthly publication presents original, peer-reviewed articles on current advances and developments in managed care, infection control, clinical problem-solving, equipment and technologies, regulatory changes, documentation updates, reimbursement guidelines, and health care reform news. Home Care Provider also carries CE articles. The journal publishes a special section by the Joint Commission for Accreditation of Healthcare Organizations.

- *Home Health Care Management & Practice*
 - *Website:* <http://hhc.sagepub.com/>
 - *Access:* subscription required, may be accessible free through academic libraries
 - *Aims & Scope:* *Home Health Care Management & Practice (HHCMP)* is a peer-reviewed bi-monthly journal for clinicians, case managers, administrators, and educators providing health care in the home and other community-based venues, such as hospices, adult day centers, correctional facilities, wellness centers, durable medical equipment suppliers, primary care outreach clinics and other settings.

- *Home Healthcare Nurse*
 - *Website:* <http://journals.lww.com/homehealthcarenurseonline/pages/default.aspx>
 - *Access:* some FREE issues/sections, most articles require a subscription but may be accessible free through academic libraries
 - *Aims & Scope:* *Christen Melcher Home Healthcare Nurse* is the professional, contemporary journal serving the educational and communication needs of home care and hospice nurses. The journal is highly interactive and timely, focusing on the multidimensional, interdisciplinary and specialty practice areas of home care nursing. Clinical, operational, and educational home care nursing issues are the core of the publication; plentiful columns and features focus on practical, up-to-date approaches to everyday situations, as well as analysis and interpretation of how healthcare trends affect the home care nurse's practice.

- *Journal of Community Nursing*
 - *Website:* <http://www.icn.co.uk/>
 - *Access:* FREE online access if you register (free to register)
 - *Aims & Scope:* not given

Networks

- CARNET – Canadian Researchers at the End-of-Life Network
 - *Website:* <http://www.thecarenet.ca/>
 - *Mission:* CARNET is based at Kingston General Hospital in Kingston, Ontario, Canada and led by Dr. Daren K. Heyland, a Professor of Medicine and Epidemiology at Queen's University in Kingston. CARNET is a group of health care professionals from

across the country who collaborate with each other to understand and improve palliative and end-of-life care through research, healthcare/patient tools and communication and decision making between patients, their families and health professionals. As a group, we believe that we can make significant improvements to end of life care in Canada by optimizing communication and decision-making between seriously ill patients, their families and health professionals.

- *Online Resources:* decision aid and advanced care planning tools

Websites



- To search for online resources/websites related to unique populations:
 - Go to www.google.ca
 - Search using phrases such as “end of life services Canada,” “end of life services” + your province, “end of life options Canada,” “palliative care services Canada,” “palliative care settings,” etc.

- British Columbia Ministry of Health – End of Life Care
 - *Website:* <http://www.health.gov.bc.ca/hcc/endoflife.html>
 - *Resource:* overview of framework, health authorities, home care, advance care planning, benefits program and related links
- Canadian Association of Occupational Therapists – Position Statement: Occupational Therapy and End-of-Life Care
 - *Website:* <http://www.caot.ca/default.asp?pageid=1284>
 - *Resource:* overview of occupational therapists (OT) role in end-of-life care and access to OT care
- Canadian Hospice Palliative Care Association
 - *Website:* <http://www.chpca.net/business/>
 - *Resource:* business directory of hospice/palliative care services in Canada (grouped by type, eg. “outpatient clinic”)
- Canadian Institute of Health Information
 - *Website:* <http://www.cihi.ca/CIHI-ext-portal/internet/EN/Home/home/cihi000001> (search “end of life”)
 - *Resource:* “Health Care Use at the End of Life in Atlantic Canada” and “Health Care Use at the End of life in Western Canada”
- Canadian Virtual Hospice – Considerations for a Home Death
 - *Website:* http://www.virtualhospice.ca/en_US/Article/Decisions/Considerations+for+a+Home+Death.aspx
 - *Resource:* overview of things to consider when planning to die at home

- Canadian Virtual Hospice – What is Palliative Care?
 - *Website:* http://www.virtualhospice.ca/en_US/Main+Site+Navigation/Home/Topics/Topics/What+Is+Palliative+Care_/What+Is+Palliative+Care_.aspx
 - *Resource:* overview of when and where palliative care is provided, and how to access palliative care services
- Health Canada – Palliative and End-of-Life Care
 - *Website:* <http://www.hc-sc.gc.ca/hcs-sss/palliat/index-eng.php>
 - *Resource:* overview of service delivery, federal support, and written resources
- Living Lessons – Hospice Palliative Care Fact Sheet
 - *Website:* <http://www.living-lessons.org/main/hospice.asp>
 - *Resource:* list of facts about palliative/hospice care access and use in Canada
- Palliative.org – Information for the General Public
 - *Website:* <http://www.palliative.org/PC/GeneralPublic/PalliativeCare/PCIdx.html>
 - *Resource:* overview of various health professionals' role in palliative care (e.g. nurses, dietitians, physiotherapist, etc.)
- Quality End of Life Care Coalition of Canada – Hospice Palliative Home Care in Canada: A Progress Report
 - *Website:* http://www.gelccc.ca/uploads/files/hphc-progress_report/Hospice_Palliative_Home_Care_Progress_Report-final.pdf
 - *Resource:* overview of hospice palliative care access, case management, public education, nursing/professional services, pharmaceuticals, and equipment
- Victorian Order of Nurses – Palliative Care Services
 - *Website:* http://www.von.ca/en/services/program_listing.aspx?cat=10
 - *Resource:* brief overview of services with links to locate where the services are provided

Audio-Visual Teaching Aides

- YouTube
 - *Website:* <http://www.youtube.com/>
 - *Search Terms:* “home care dying,” “conversations about dying,” “end of life options,” etc.
 - *Example Resources:* “Conversations about End of Life,” “Study Finds Ways to Help Dying Patients,” “The Last Chapter – End of Life Decision,” etc.
- Google Videos
 - *Website:* <http://video.google.ca/?hl=en&tab=wv>
 - *Search Terms:* “discussing end of life options,” “talking about end of life care,” “referring to hospice care,” “palliative care for Canadians,” etc.
 - *Example Resources:* “Reflective Discussion Video – Talking About End of Life Care,” “Issues in Geriatric Medicine 1: End-of-Life Discussion,” “Health Matters: Palliative Care and Hospice Services,” “Types of Hospice Care Services,” etc.

h) Competency 8

Competency 8: Educates and mentors patients and family members on care needs, identifying the need for respite for family members, and safely and appropriately delegating care to other caregivers and care providers.

Database Search Strategies

Database	Search Terms		
	<u>General</u> Palliative Care Nursing (+/-) Nursing Education	<u>Competency 8:</u> Respite & Delegation	
AMED	<p>General: “palliative care” “terminal care” “end of life care” (keyword search)</p> <p>Nursing Specific: “nursing care” “palliative care nursing” (keyword search)</p>	<p>“education, nursing” “teaching” “learning” “clinical teaching” (keyword search)</p>	<p>“respite care” “caregivers” “self-care” “patient participation” “research” “patient care planning” “family participation” (keyword search) “patient care conferences” (keyword search) “caregiver support” (keyword search)</p>
CINAHL	<p>General: “palliative care” “terminal care” “terminally ill patients” “end of life care” (keyword search)</p> <p>Nursing Specific: “hospice and palliative nursing” “holistic nursing” “nursing practice, evidence-based” “nursing care”</p>	<p>“education, nursing” “curriculum” “education, clinical” “learning environment, clinical” “learning methods” “teaching” “education research” “students, nursing”</p>	<p>“respite care” “caregiver support” “caregiver burden” “self-care” “patient participation” “role stress” “patient-family conferences” “patient care conferences” “caregiver” + “support, psychosocial” “caregiver” + “research” “caregiver strain” (keyword search) “family support” (keyword search)</p>
Cochrane	<p>General: “palliative care” “end of life care” “terminal care” (search above terms in title, abstract, or keywords)</p>	<p>“nursing students” “learning” (search above terms in title, abstract, or keywords)</p>	<p>“respite care” “patient care conference” “role strain” “self-care”</p>

	Nursing Specific: “nursing” (search above term in title, abstract, or keywords)		
Embase	General: “palliative therapy” “terminal care” (includes end of life and hospice care) Nursing Specific: “evidence based nursing” “hospice nursing” “holistic nursing” “palliative care nursing” (keyword search)	“nursing education” “nursing student” “curriculum” “education program” “teaching”	“respite care” “caregiver burden” “caregiver support” “clinical decision making” “self care” “research” “patient participation” + “decision making” “caregiver” + “psychosocial care” “caregiver” + “patient care planning” “caregiver involvement” (keyword search)
Medline	General: “palliative care” “terminal care” “end of life care” (keyword search) Nursing Specific: “evidence-based nursing” “holistic nursing” “palliative care nursing” (keyword search)	“education, nursing” “curriculum” “teaching” “students, nursing”	“respite care” “self care” “research” “family nursing” “patient participation” + “decision making” “caregivers” + “decision making” “caregivers” + “social support” “role stress” (keyword search) “family support” (keyword search)

Example Findings:

Anderson, B.A. & Kralik, D. (2008, December). Palliative care at home: Carers and medication management. *Palliative & Supportive Care*, 6(4), 349-356.

Bradburn, J. & Maher, J. (2005, March). User and carer participation in research in palliative care. *Palliative Medicine*, 19(2), 91-92.

Gustavson, K. & Dal Santo, T.S. (2008). Caregiver service use: A complex story of care at the end of life. *Journal of Social Work in End-of-Life & Palliative Care*, 4(4), 286-311.

Hasson, F., Spence, A., Waldron, M., Kernohan, G., McLaughlin, D., Watson, B., et al. (2009, Autumn). Experiences and needs of bereaved carers during palliative and end-of-life care for people with chronic obstructive pulmonary disease. *Journal of Palliative Care*, 25(3), 157-163.

Johnston, B. (2010, May). Can self-care become an integrated part of end-of-life care? Implications for palliative nursing. *International Journal of Palliative Nursing*, 16(5), 212-214.

Mandel, M. & Savoy, E. (2011, March). Research on supporting patients and family caregivers with palliative and end-of-life care. *Home Healthcare Nurse*, 29(3), 148-153.

Journal

- *Journal of Family Nursing*
 - *Website:* <http://jfn.sagepub.com/>
 - *Access:* subscription required, may be accessible free through academic libraries
 - *Aims & Scope:* *Journal of Family Nursing (JFN)* is a peer-reviewed, quarterly journal of nursing research, practice, education, and policy issues, as well as empirical and theoretical analyses on the subject of family health. Its interdisciplinary, international, and collaborative perspectives examine cultural diversity and families across the life cycle.

Association

- International Family Nursing Association
 - *Website:* <http://internationalfamilynursing.org/>
 - *Mission:* The mission of the Association is to foster the individual and collective development of nurses involved in the promotion of health care to families by providing a unique international forum of shared responsibility for the advance of family nursing. The Association offers opportunities for leadership, socialization, and collegial exchange related to all aspects of family nursing.
 - *Online Resource:* list of books outlining various family assessment models

Networks

- Multiple respite care networks exist for various regions. To locate,
 - Go to <http://www.google.ca/>
 - Search using terms “respite care network” + your region/province
 - Examples: Huron Respite Network, ON

Websites



- To search for online resources/websites related to unique populations:
 - Go to www.google.ca
 - Search using phrases such as “family participation in patient care,” “care dying patient family,” “patient and family centered palliative care,” “family caregivers palliative care,” “role family palliative care,” “respite care at end of life,” etc.

- Institute for Patient- and Family-Centred Care
 - *Website:* <http://www.ipfcc.org/index.html>
 - *Resource:* useful links, topics of interest, supporting evidence, tools for change, and assessment tools
- National Cancer Institute - Family Caregivers in Cancer: Roles and Challenges
 - *Website:* <http://www.cancer.gov/cancertopics/pdq/supportivecare/caregivers/healthprofessional/page1>
 - *Resource:* overview of interacting with family caregivers, potential roles of family caregivers, impact of having a family caregiver, factors in caregiver assessment, interventions for caregivers, etc.
- National Hospice and Palliative Care Organization – Patient and Family Centered Care
 - *Website:* <http://www.nhpco.org/i4a/pages/index.cfm?pageid=4894>
 - *Resource:* links to national standards for patient and family centered care, related resources and tools, self-assessment tool, etc.
- Patient-Centered Care Guide
 - *Website:* <http://www.patient-centeredcare.org/index.html>
 - *Resource:* strategies for making care patient-centered and communicating effectively with patients and families

Audio-Visual Teaching Aides

- YouTube
 - *Website:* <http://www.youtube.com/>
 - *Search Terms:* “palliative respite care,” “caregiver stress,” “caregiver burden,” “family involvement in patient care,” etc.
 - *Example Resources:* “Signs of Caregiver Stress,” “One Voice, Patient and Family Centered Care-Mayo Clinic,” etc.
- Google Videos
 - *Website:* <http://video.google.ca/?hl=en&tab=wv>
 - *Search Terms:* “respite care end of life,” “caregiver burden,” “caregiver strain,”
 - *Example Resources:* “Caregiver Burden,” “The Modified Caregiver Strain Index,” etc.

i) Competency 9

Competency 9: Demonstrates the ability to collaborate effectively to address the patient and family members' priorities within an integrated inter-professional team, including non-professional health care providers, and the patient himself or herself.

Database Search Strategies

Database	Search Terms		
	<u>General</u>	(+/-) Nursing Education	<u>Competency 9:</u> Collaboration
AMED	Palliative Care Nursing General: "palliative care" "terminal care" "end of life care" (keyword search) Nursing Specific: "nursing care" "palliative care nursing" (keyword search)	"education, nursing" "teaching" "learning" "clinical teaching" (keyword search)	"patient care team" "interprofessional relations" "group processes" "multidisciplinary team" (keyword search) "teamwork" (keyword search) "collaboration" (keyword search)
CINAHL	General: "palliative care" "terminal care" "terminally ill patients" "end of life care" (keyword search) Nursing Specific: "hospice and palliative nursing" "holistic nursing" "nursing practice, evidence-based" "nursing care"	"education, nursing" "curriculum" "education, clinical" "learning environment, clinical" "learning methods" "teaching" "education research" "students, nursing"	"interprofessional relations" "education, interdisciplinary" "research, interdisciplinary" "multidisciplinary team" + : "nursing role" "professional role" "collaboration" "patient centered care" "goal-setting" "multidisciplinary approach" (keyword search) "interdisciplinary team" (keyword search) "interprofessional communication" (keyword search) "shared decision-making" (keyword search)
Cochrane	General: "palliative care" "end of life care"	"nursing students" "learning" (search above)	"multidisciplinary team"

	<p>“terminal care” (search above terms in title, abstract, or keywords)</p> <p>Nursing Specific: “nursing” (search above term in title, abstract, or keywords)</p>	<p>terms in title, abstract, or keywords)</p>	
Embase	<p>General: “palliative therapy” “terminal care” (includes end of life and hospice care)</p> <p>Nursing Specific: “evidence based nursing” “hospice nursing” “holistic nursing” “palliative care nursing” (keyword search)</p>	<p>“nursing education” “nursing student” “curriculum” “education program” “teaching”</p>	<p>“teamwork” “interdisciplinary communication” “interpersonal communication” “conflict management”</p> <p>“interpersonal communication” + “clinical decision making” “interpersonal communication” + “conflict” “collaboration” + “decision making” “collaboration” + “patient care”</p> <p>“multidisciplinary team” (keyword search) “interdisciplinary team” (keyword search)</p>
Medline	<p>General: “palliative care” “terminal care” “end of life care” (keyword search)</p> <p>Nursing Specific: “evidence-based nursing” “holistic nursing” “palliative care nursing” (keyword search)</p>	<p>“education, nursing” “curriculum” “teaching” “students, nursing”</p>	<p>“patient care team” + : “interprofessional relations” “nursing’s role” “cooperative behaviour” “interdisciplinary communication”</p> <p>“interprofessional relations” + “conflict (Psychology)”</p> <p>“teamwork” (keyword search) “interdisciplinary approach” (keyword search) “interdisciplinary education” (keyword search) “interdisciplinary care” (keyword search)</p>

Example Findings:

- Bowers, B., Roderick, S., & Arnold, S. (2010, August). Improving integrated team working to support people to die in the pace of their choice. *Nursing Times*, 106(32), 14-16.
- Curtis, J.R. (2008, April). Caring for patients with critical illness and their families: The value of the integrated clinical team. *Respiratory Care*, 53(4), 480-487.
- Forrest, C. & Derrick, C. (2010, January). Interdisciplinary education in end-of-life care: creating new opportunities for social work, nursing, and clinical pastoral education students. *Journal of Social Work in End-of-Life & Palliative Care*, 6(1-2), 91-116.
- Frank, R.K. (2009, May). Shared decision making and its role in the end of life care. *British Journal of Nursing*, 18(10), 612-618.
- Hall, P., Marshall, D., Weaver, L., Boyle, A., & Taniguchi, A. (2011, June). A method to enhance student teams in palliative care: Piloting the McMaster-Ottawa team observed structured clinical encounter. *Journal of Palliative Medicine*, 14(6), 744-750.
- Kirsch, N.R. (2009, October). The multidisciplinary team: End-of-life ethical decision. *Topics in Geriatric Rehabilitation*, 25(4), 292-306.

Journals

- *Journal of Interprofessional Care*
 - *Website:* <http://informahealthcare.com/loi/jic>
 - *Access:* subscription required, may be accessible free through academic libraries
 - *Aims & Scope:* The *Journal of Interprofessional Care* aims to disseminate research and new developments in the field of interprofessional education and practice. We welcome contributions containing an explicit interprofessional focus, and involving a range of settings, professions, and fields. Areas of practice covered include primary, community and hospital care, health education and public health, and beyond health and social care into fields such as criminal justice and primary/elementary education. Papers introducing additional interprofessional views, for example, from a community development or environmental design perspective, are welcome. The Journal is disseminated internationally and encourages submissions from around the world.

- *Journal of Multidisciplinary Healthcare*
 - *Website:* <http://www.dovepress.com/journal-of-multidisciplinary-healthcare-journal>
 - *Access:* FREE online access
 - *Aims & Scope:* The *Journal of Multidisciplinary Healthcare* (JMDH) aims to represent and publish research in healthcare areas delivered by practitioners of different disciplines. This includes studies and reviews conducted by multidisciplinary teams as well as research which evaluates or reports the results or conduct of such teams or healthcare processes in general. The journal covers a very wide range of areas and we welcome submission from practitioners at all levels and from all over the world. Good healthcare is not bounded by person, place or time and the journal aims to reflect this.

The JMDH is published as an open-access journal to allow this wide range of practical, patient relevant research to be immediately available to practitioners who can access and use it immediately upon publication.

- *Journal of Research in Interprofessional Practice and Education*

- *Website:* <http://www.jripe.org/index.php/journal>
- *Access:* FREE online access
- *Aims & Scope:* *The Journal of Research in Interprofessional Practice and Education* is a peer-reviewed, open access journal that disseminates theoretical perspectives, methodologies, and evidence-based knowledge to inform interprofessional practice, education, and research to improve health care delivery, quality of care, and health status for individuals, families and communities. The journal adopts the CAIPE definition of Interprofessional Education as “occasions when two or more professions learn with, from and about each other to improve collaboration and the quality of care” (CAIPE, 1997 revised). Occasions for this kind of interactions among professionals include but are not limited to professional contacts within and between specific health or educational agencies, and community contexts. Interactions among professionals from the same profession are also within the scope of the journal when their analysis contributes to understanding and/or providing the evidence for the processes involved in interprofessional practice and education (IPE). The journal supports IPE knowledge development through sound methodology and experimentation.

Network

- Interprofessional Network of BC

- *Website:* <http://www.cihc.ca/regional/overview/westlist/inbc>
- *Mission:* Health and education partners from across BC have joined together to form the Interprofessional Network of British Columbia (In-BC). In-BC networks many initiatives that provide interprofessional education opportunities for students and practitioners in health care fields in diverse rural and urban clinical settings.
- *Online Resources:* related documents and overview of projects

Websites



- To search for online resources/websites related to unique populations:
 - Go to www.google.ca
 - Search using phrases such as “multidisciplinary palliative care team,” “nurse role in multidisciplinary team,” “conflict management in multidisciplinary team,” “communication in multidisciplinary palliative team,” “shared decision making on palliative team,” etc.

- Canadian Interprofessional Health Collaboration
 - *Website:* <http://www.cihc.ca/>
 - *Resource:* videos, newsletters, self-learning module on palliative care, resource toolkit.
- Care Search – Multi Disciplinary Team
 - *Website:* <http://www.caresearch.com.au/caresearch/tabid/1474/Default.aspx>
 - *Resource:* list of online resource related to establishing/managing a multidisciplinary team, and online articles
- Health Care Team Effectiveness Project
 - *Website:* <http://homepages.inf.ed.ac.uk/jeanc/DOH-glossy-brochure.pdf>
 - *Resource:* overview of findings from the project, including elements of health care teams that improved effectiveness
- Health Council of Canada
 - *Website:* <http://healthcouncilcanada.ca/en/> (listed under “Online Library” - “Publications” - “Primary Health Care”)
 - *Resource:* “Teams in Action: Primary Health Care Teams for Canadians” and “Interprofessional Collaboration and Quality Primary Healthcare”
- International Association for Hospice & Palliative Care – Manual of Palliative Care
 - *Website:* <http://www.hospicecare.com/manual/principles-main.html>
 - *Resource:* section on “Multidisciplinary and interprofessional teams”
- Interprofessional Rural Program of BC
 - *Website:* <http://www.irpbc.com/>
 - *Resource:* list of related links
- Ontario Ministry of Health and Long-Term Care – Family Health Teams, Guide to Interdisciplinary Team Roles and Responsibilities
 - *Website:* http://www.health.gov.on.ca/transformation/fht/guides/fht_inter_team.pdf
 - *Resource:* Overview of various team members’ responsibilities on family health teams
- Saskatchewan Academic Health Sciences Network – Interprofessional Health Collaborative of Saskatchewan
 - *Website:* <http://www.saskhealthsciencesnetwork.usask.ca/IHCS/IHCS/index.php>
 - *Resource:* link to list of related resources (e.g. “A Guide for Effective Interprofessional Primary Health Care Teams”)

Audio-Visual Teaching Aide

- YouTube
 - *Website:* <http://www.youtube.com/>
 - *Search Terms:* “interprofessional communication,” “interprofessional collaboration,” “palliative care team,” “conflict management health care team,” etc.
 - *Example Resources:* “SBAR: Effective Communication” + “No SBAR: Ineffective Communication,” “Cooperate, Coordinate, Collaborate,” “Capturing the Cultural Shift,” “What is the Role of the Palliative Care Team?” etc.

- Google Videos
 - *Website:* <http://video.google.ca/?hl=en&tab=wv>
 - *Search Terms:* “multidisciplinary palliative care team,” “interprofessional collaboration,” “Interprofessional teamwork,” “conflict end of life”, etc.
 - *Example Resources:* “Practical, team-based palliative care discussion video,” “Inter-Professional Team Work,” “Interprofessional Collaboration,” “Caring at the End of Life,” etc.

- Communication for Health Professionals
 - *Website:* <http://www.norquest.ca/healthcomm/#>
 - *Resources:* interactive tool with video scenarios

Appendix: Sample search in CINAHL

New Search | Publications | CINAHL Headings | Cited References | More

Sign In | Folder | Preferences | New Features | Ask A Librarian | Help

Searching: CINAHL | Choose Databases +
 Suggest Subject Terms
 Field Codes

Basic Search | Advanced Search | Visual Search | Search History

Search History/Alerts

Print Search History | Retrieve Searches | Retrieve Alerts | Save Searches / Alerts

Select / deselect all

Search ID #	Search Terms	Search Options	Actions
<input type="checkbox"/> 59	57 and 58	Expanders - Apply related words Search modes - Boolean/Phrase	View Results (2) View Details Edit
<input type="checkbox"/> 58	(MH "Learning Methods")	Expanders - Apply related words Search modes - Boolean/Phrase	View Results (4004) View Details Edit
<input type="checkbox"/> 57	53 and 56	Expanders - Apply related words Search modes - Boolean/Phrase	View Results (220) View Details Edit
<input type="checkbox"/> 56	(MH "Education, Nursing")	Expanders - Apply related words Search modes - Boolean/Phrase	View Results (24737) View Details Edit
<input type="checkbox"/> 55	51 or 52 or 53 or 54	Expanders - Apply related words Search modes - Boolean/Phrase	View Results (24763) View Details Edit
<input type="checkbox"/> 54	"end of life care"	Expanders - Apply related words	View Results (3226) View Details Edit
<input type="checkbox"/> 53	(MH "Terminally Ill Patients")	Expanders - Apply related words Search modes - Boolean/Phrase	View Results (6095) View Details Edit
<input type="checkbox"/> 52	(MH "Terminal Care")	Expanders - Apply related words Search modes - Boolean/Phrase	View Results (8662) View Details Edit
<input type="checkbox"/> 51	(MH "Palliative Care")	Expanders - Apply related words Search modes - Boolean/Phrase	View Results (14052) View Details Edit

Page: 1 | Relevance Sort | Page Options | Alert / Save / Share

3 Results for...

Refine your results

Linked Full Text
 References Available
 Abstract Available

1994 Publication Date 2011

Source Types

All Results
 Academic Journals
 Periodicals

- PALLIATIVE AND END- of-LIFE CARE: Using a Standardized Patient Family FOR Gerontological Nurse Practitioner Students.**

(includes abstract); Shawler, Celeste; Nursing Education Perspectives, 2011 May-Jun; 32 (3): 169-72 (journal article) ISSN: 1536-5026
 Subjects: Advanced Practice Nurses; Education, Nursing; Gerontologic Nursing; Palliative Care; Aged, 80 and over; Male; Female
 Database: CINAHL

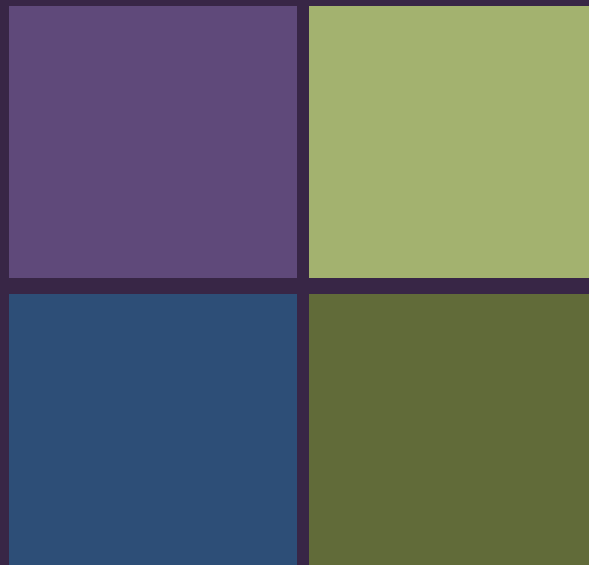
Add to folder | Relevancy: ***** | Cited References: (27)
- Using a storyboarding technique in the classroom to address end of life experiences in practice and engage student nurses in deeper reflection.**

(includes abstract); Lillyman, Sue; Gutteridge, Robin; Berridge, Pat; Nurse Education in Practice, 2011 May; 11 (3): 179-85 (journal article - pictorial, research) ISSN: 1471-5953 PMID: 20860744
 Subjects: Education, Nursing; Reflection; Storytelling; Teaching Methods; Terminal Care
 Database: CINAHL

Add to folder | Relevancy: ***** | Cited References: (34)
- Open learning in palliative care.**

(includes abstract); Bassett CC; European Journal of Cancer Care, 1994 Sep; 3 (3): 118-21 (journal article) ISSN: 0961-5423 PMID: 7711980
 Subjects: Palliative Care; Self Directed Learning; Education, Nursing
 Database: CINAHL

Add to folder | Relevancy: ***** | Cited References: (10)



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